



Sciurus Novus 25.11.2024



Dear Families

Last week saw lots of wonderful learning across the school from imaginary planets in Year 5 to road safety surveys in Year 2. Year 3 went on a Geography Trip on Friday to study our local area. The children's behaviour whilst out on their trip on Friday was exceptional. Well done Year 3. Year 5 are off on their Geography trip to study the local area at Northwood Park this Thursday 28th November. How exciting!

We also continue to welcome other schools to join us for sporting fixtures. Our sporting teams have shown wonderful resilience and teamwork in all their matches - amazing advocates of our Lanesend values, pride, belonging and respect. My thanks to Miss Westbrook for all your passion and hard work in organising these.

We have some hoodies and slips from our lost property out the front of school today. These are not named so please take what you need. We will put these outside this week so that you come and have a look.

There will be a letter coming home with your child today from our Lanesend PTFA regarding a Christmas Movie Night they have organised on Tuesday 17th December. It is so lovely for them to be able to run their first ever event and we hope the children will be really excited about staying to watch a Christmas film together and to begin feeling festive in school. The PTFA are

also organising Christmas Mufti for the same day as our Christmas Lunch in school so that children can come to school wearing something festive for a £1 donation. All monies raised by the PTFA will go back into the school so that we can provide amazing opportunities and resources for our children from trips, play areas to learning resources. Thank you in advance for your support.

Whilst on the subject of support, I am so pleased to let you all know our Children In Need PJ Day raised a huge £317.53! A wonderful total amount for a wonderful charity.

We continue to have a few cases of Hand, foot and mouth in school. The advice is still that there is no need to keep your child off school unless they are feeling unwell but please inform the school so we can monitor numbers.

This week Year 1 families are invited to lunch with their children. Please book and pay on Arbor and then email admin@lanesendprimary.co.uk with your meal choice and day. We finish this term's families in to lunch next week with our final year group, Reception. It is really lovely to welcome you in and the children really do enjoy it.

Best wishes

Mrs. Sutton

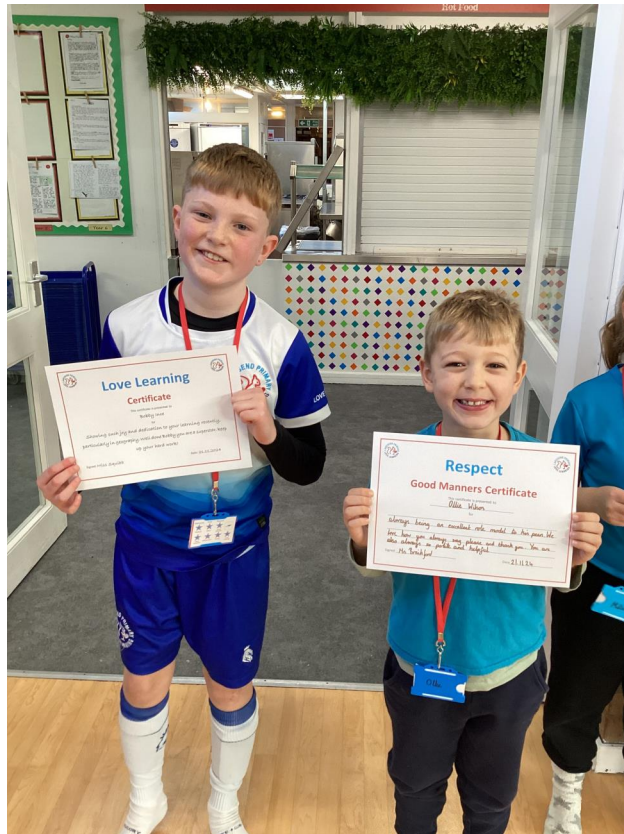
Celebrations in School

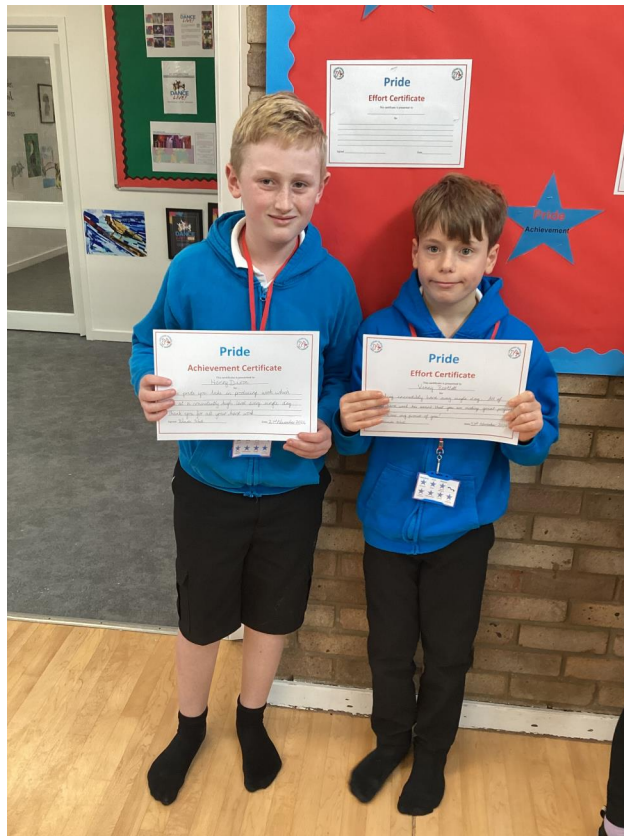


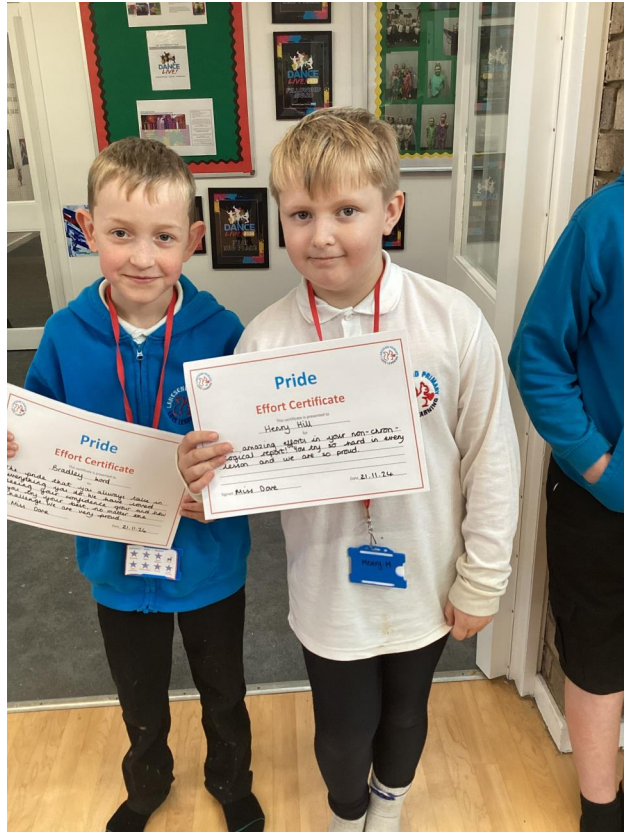
1 - Our KS1 celebration children in Friday's assembly. Well done all.

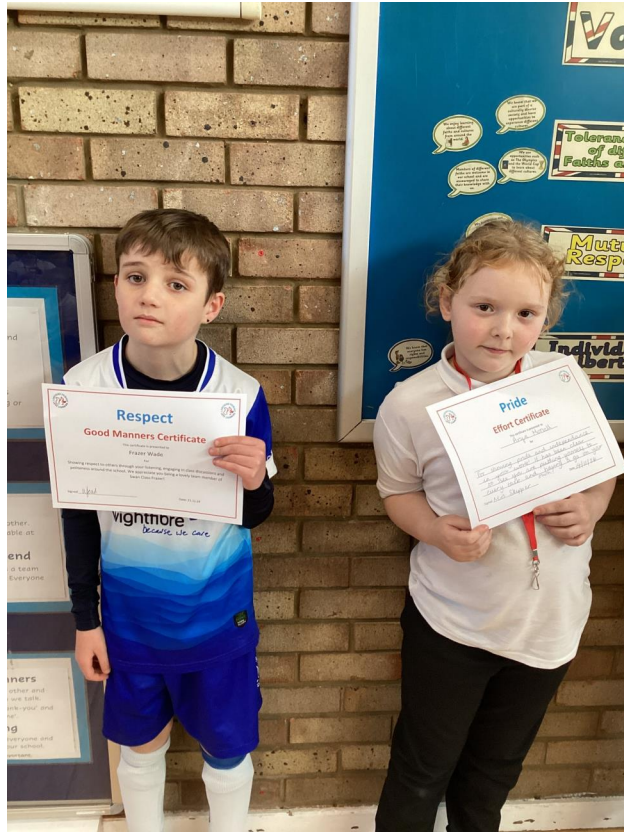


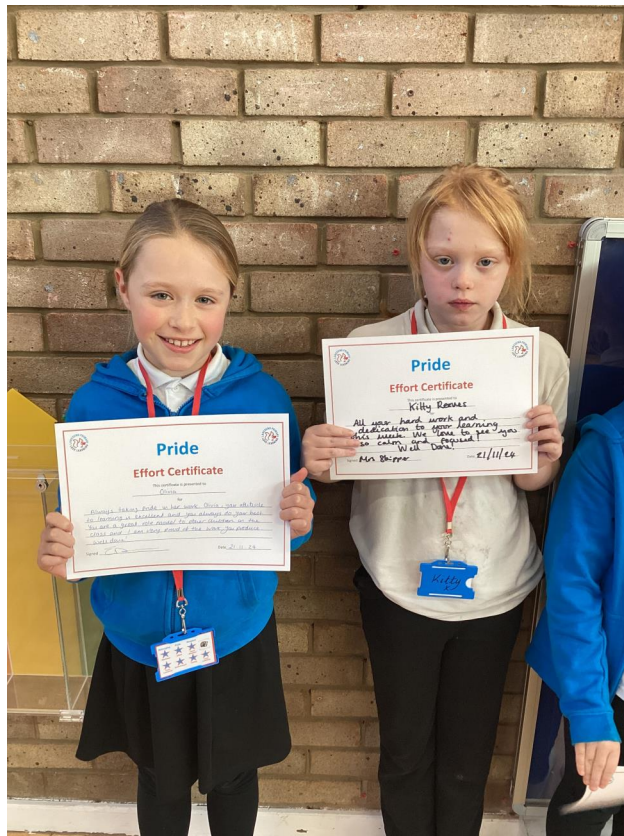
2 - Our KS2 celebration photos last week. Well done all.

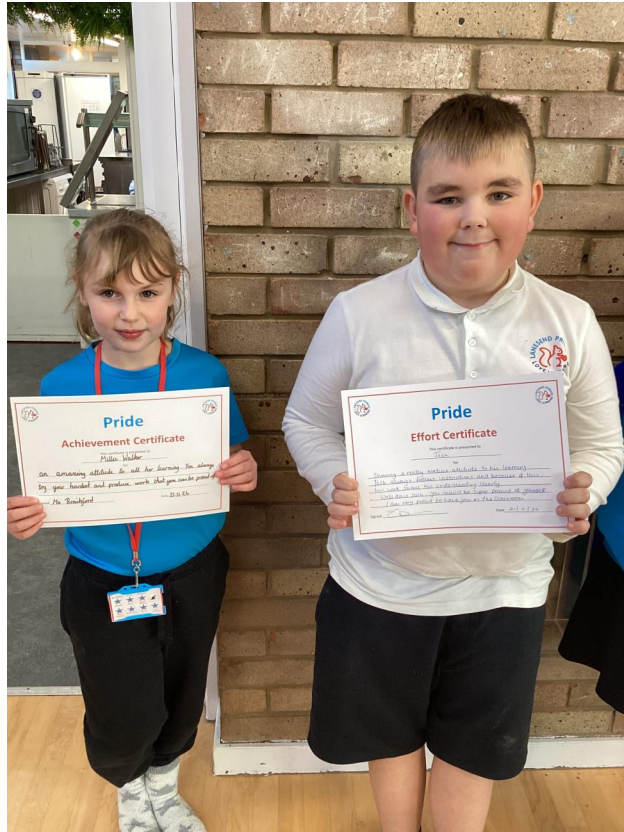












3 - Mylo was awarded the Golden Token in Ladybird class! He has made such super reading progress and read his whole book Mrs. Domoney with such enthusiasm and confidence today. What a well deserved golden token Mylo!



4 - Another chilly evening of football for our year 3/4 teams today! This time both boys and girls played Newport. It is so lovely to see such great progress already! Well done to all involved. We continue to be super proud of you!



5 - Some of our y5 boys played a rather autumnal game of football against Nineacres this afternoon. 0-0 at full time meant a penalty shoot out. We managed to get one past the goalie to secure a 1-0 win for Lanesend! Well done!

PJ Day for Children in Need!



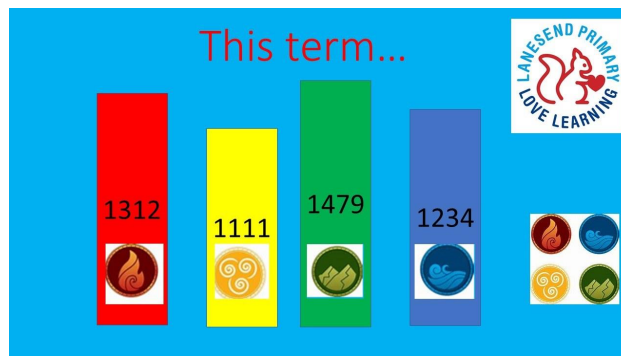
6 - We raised an amazing £317.53 from our PJ and Comfy Mufti Day. A huge thank you to all our families who donated to this wonderful charity.

House Points from last week





7 - Earth House have absolutely dominated this week's House Point totals with a huge 516 points! Well done Earth!



8 - They have also just pipped the lead this week in the term totals taking over Fire House! It is hotting up at the top this term!

Reading Newsletter - edition number 3

Autumn 3 2024

ALL ABOUT READING



Lanesend's tips, hints, shares and likes to help your child develop a love of reading.

In this issue:

- Visiting the library
- Year 3 and 4 tell us all about books!
- Why a book is better than a tablet.

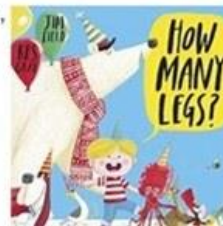
Evie, Layla, Sofia, Ronnie, Rory, Summer, Mamie, Benjamin, Griffyn and Orion told Mrs Wall had a lovely book chat with Mrs Wall—"I love **Isabella Moon** because she's half fairy and half vampire. I read at bedtime and at any other time I can!"

"I like lots of books. I like books about dinosaurs best because I like finding out facts about them."

"I like fact books too—especially facts about the world. And I love **Dr Seuss** books—he's my favourite author."

Why is a book better than a tablet?

- ♦ They don't need charging.
- ♦ They are a lovely way to share a bit of quality time with your child.
- ♦ They don't have other distractions—such as games.
- ♦ They don't count towards 'screentime' so they are better for your child's developing eyes.
- ♦ You can easily tell if they are age appropriate for your child.
- ♦ They don't have to include anybody else.
- ♦ They are free to borrow from a library, or to swap



caster—my teacher last year loved her too! I think my teacher now might like a book about Harry Styles."

"I like non-fiction books best, Books about animals and space."

"I like books based on films that I've seen or Search and Find books. I'm reading **Charlotte's Web** and I realised that my teacher borrowed one of the character's names for our English!"

"I don't have any books at home."

"I went to the library once when I was little."

"I love the **Nothing to see here hotel**. It is so funny."

"I love **The Creakers**, we read it at school in year 3—it was really good."

The 26th Storey Treehouse is my favourite. It really makes me laugh."

Why visit the library?

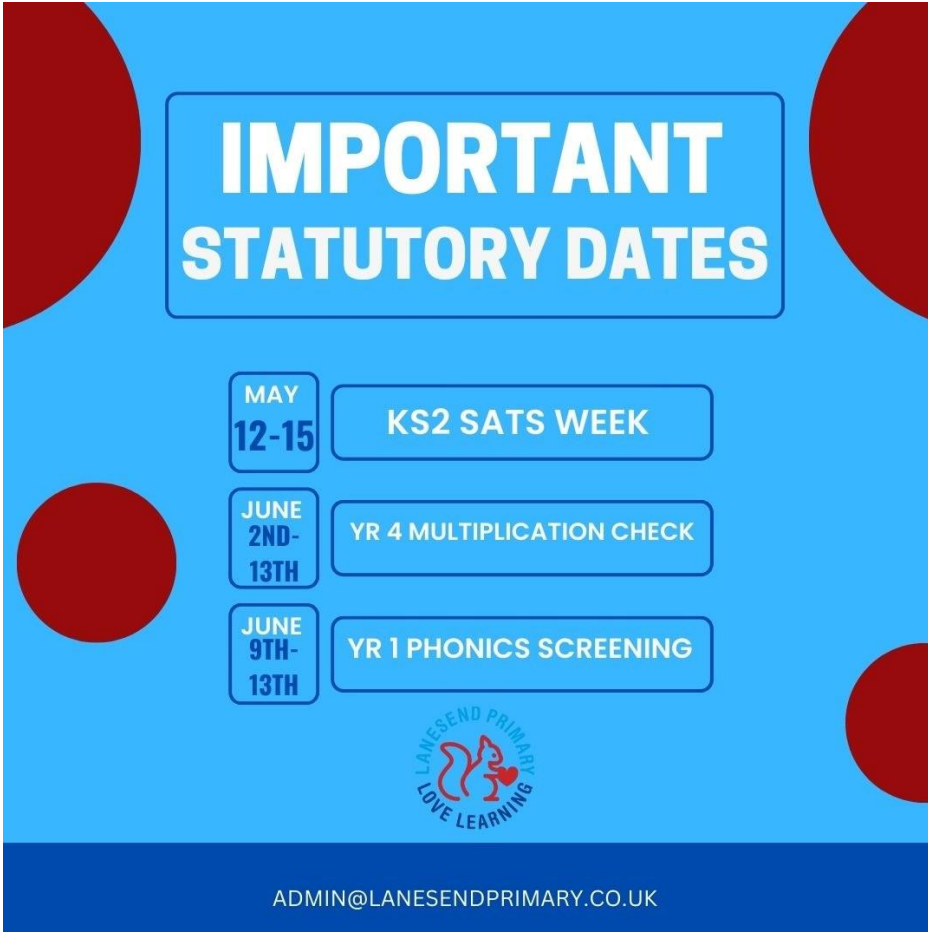
1. Joining your local library is free.
2. Children change their interests rapidly and are always on the lookout for something new. Going on a weekly trip to the library can help you out with this—for no money at all!
3. It lets children try a new author or type of book with no commitment.



Dates for the Diary




- Thursday 5th December - Choir performing at the Christmas Light Switch on 4.30pm outside Sainsburys and then 5pm at the Pontoon Bar where Santa will also be a special guest!
- Tuesday 17th December - Christmas Movie Night run by Lanesend PTFA - no Dance Live this day
- Thursday 19th December - Christmas Lunch for children and Christmas Mufti - £1 donation to Lanesend PTFA
- Friday 20th December - Last day of term



**IMPORTANT
STATUTORY DATES**

MAY 12-15	KS2 SATS WEEK
JUNE 2ND- 13TH	YR 4 MULTIPLICATION CHECK
JUNE 9TH- 13TH	YR 1 PHONICS SCREENING

 LANESEND PRIMARY
LOVE LEARNING

ADMIN@LANESENDPRIMARY.CO.UK

9 - Here are some important Statutory Dates for 2025 for your diaries. Thank you.

Families into Lunch - Autumn Term

Week Commencing	Year Group
7th October	6
14th October	5
4th November	4
11th November	3
18th November	2
25th November	1
2nd December	R

10 - Year 1 families are invited into lunch w/c 25th November - lunch is 11.45am

Year R families are invited into lunch w/c 2nd December - lunch is 11.45am

Football Kit Reminder...



A football kit reminder from Mrs. Westbrook: Our children look amazing in their team kits! Unfortunately, I am missing lots that have not been returned from previous fixtures! If your child has represented our school and has been lucky enough to wear our beautiful kit...(but forgotten to return it) please return to Miss Westbrook as soon as possible. It would be such a shame for our teams to not be able to play in kit because we haven't got enough! Thank you for your support.

Attendance

Attendance Reminders:

- Collection information: If your child is not collected on time from school this will be raised as a safeguarding concern.
- Late arrivals: You will be asked why your child is late and we send late texts to children who are late in to school. School start time is 8.20am-8.30am and finish time is 3pm for all. Thank you.

Butterflies	70.5%
Ladybirds	88.3%
Sharks	90.6%
Robins	91.5%
Dormice	92.2%
Owls	93.0%
Swans	93.0%
Foxes	93.7%
Eagles	93.8%
Deer	95.0%
Badgers	95.6%
Dolphins	95.8%
Hedgehogs	96.5%
Otters	96.9%
Magpies	98.3%
Dragonflies	99.0%

11 - Last week's attendance. Well done to the classes in green.



12 - Well done to all who got an attendance sticker last week! Amazing!

Changes to Truancy Penalty Notices (TPNs) for non-school attendance

The Department for Education (DfE) introduced a new National Framework for Truancy Penalty Notices, taking effect from 19 August 2024. A summary of the changes are detailed below.

Per parent, per child

TPNs will be issued to each parent, for each child that was absent from school without prior approval by the school.
For example – three siblings absent for term time leave, would result in each parent receiving three separate TPNs

Five days of term time leave

TPNs will be issued for term time leave of five or more days which have not been authorised by the school.

10 sessions of unauthorised absence in a 10-week period

TPNs will be considered when there have been 10 sessions of unauthorised absence in a 10-week period.

First period of unauthorised absence exceeding 10 sessions (within a rolling three-year period).	The first time a TPN is issued for unauthorised absence from school the cost will be £160 per parent, per child if paid within 28 days, reduced to £80 per parent if paid within 21 days.
Second period of unauthorised absence exceeding 10 sessions (within a rolling three-year period)	The second time a TPN is issued for unauthorised absence from school the amount will be £160 per parent, per child paid within 28 days.
Third period of unauthorised absence exceeding 10 sessions (within a rolling three-year period)	For a third period of unauthorised absence a TPN will not be issued, and the case will be presented to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

The education welfare service works with families experiencing attendance issues. If you are struggling with your child's attendance (other than holidays) and need support, please contact the team 01983 823151 or EWS@iow.gov.uk



Truancy Penalty Notices (TPN's) explained - These may be issued if you take your child out of school for unauthorised absences such as holidays but also consists of 10 sessions of unauthorised absences for O (unauthorised absence) and U (after registration closes) codes. U codes are used when a child has arrived after registration has closed. 10 U or O codes could result in a TPN being issued. If anyone would like to know your child's current attendance or how many unauthorised absence sessions they currently have, they please contact mdyer@lanesendprimary.co.uk. Thank you.

Christmas Raffle and Christmas Card Designs

Thank you for everyone who has returned their completed raffle tickets with their money. We have plenty more books/tickets to sell so if you would like more sent home please email: MDyer@lanesendprimary.co.uk or call school and ask for Maddie.

Reminder: Tomorrow, Tuesday 26th November at midnight is the last day to order your child's Christmas designs. They all look so lovely! Happy ordering!



PTFA news...



Our wonderfully new formed PTFA are organising a Christmas Movie Night on Tuesday 17th December after school to raise funds for the school. They would love to raise money for our Reception play area, trips and much more. A wish list for funds will be released in January as well as a planned event calendar for the events they will be running and then they will update families at the end of the year with how much they raised and what was brought for the school with the funds.

The letter will be coming home today for your child to attend their Christmas Movie Night. Please return the slip with the cash to your child's teacher or the office in a NAMED sealed envelope by Monday 9th December at the latest.

If you can help on this day at all please message the PTFA Facebook group to sign up. There will also be a sign up sheet on the office door please write your name down if you can help at this event.

Do you know of any businesses who could support or donate items to the PTFA? Drop us a Facebook message if you can help. Thank you.

The next meeting is Thursday 5th December at 8.45am. Please join us if you can.

'Brighten a Bag' Competition



As part of National Road Safety Week we are taking part in the Isle of Wight Council's 'Brighten a Bag' competition.

To enter:

Key Stage 1 - Design a bag on paper by colouring in the template provided below.

Key Stage 2 - Bring an old bag into school that they have decorated with reflective and bright materials.

Please give your entries to your teacher or bring to the office and give to Laura by Thursday 5th December at the latest.

Pupils at JTA participating schools are invited to decorate or design a bag that it is as bright and reflective as possible. The aim is to help children better understand the importance of visibility, particularly when travelling in poor light conditions. Anything that is shiny, bright and/or reflective can be used. Pupils can even use lights!

The competition will be Island-wide, with winners announced via local media. There are two categories: paper designs for KS1, and decorated, physical bags for KS2. The prizes are as follows:

KS1:First Prize – JD Bug Stunt Scooter

KS2:First Prize - JD Bug Stunt Scooter plus 1 x Family Ticket for the Southern Vectis Christmas Lights Tour

Runner up prizes for each category: 8 x Reflective drawstring bag (three for KS1 and three for KS2)

1 x 24-hour Family Rover Bus Ticket



13 - Brighten a Bag Competition Poster



Student name

14 - KS1's backpack template

E-Safety Poster - Spending and Saving



15 - This week's #wakeupwednesday poster is 'how to support children with saving and spending'

RSPCA'S Christmas Pet Box Appeal

We are supporting the RSPCA's Christmas Pet Present Appeal again this year. This was so popular last year and the children donated some wonderful items for our Pet Christmas Gift Boxes from Lanesend to the RSPCA as you can see from last year's Christmas photo how lovely the boxes were. These were given to the animals on Christmas Day to make their day special.

We are asking for donations again for this Christmas. If you would like to take part please bring any donations to the office by Friday 13th December so that we can make up the boxes ready for collection by the RSPCA. A huge thank you to Otilie, Marnie, Finlay and Alice for your kind donations.



16 - Here is a list of desired items from the RSPCA if you wish to donate any items for the appeal.



17 - Our children with the kind donations and boxes from last year's appeal 2023.



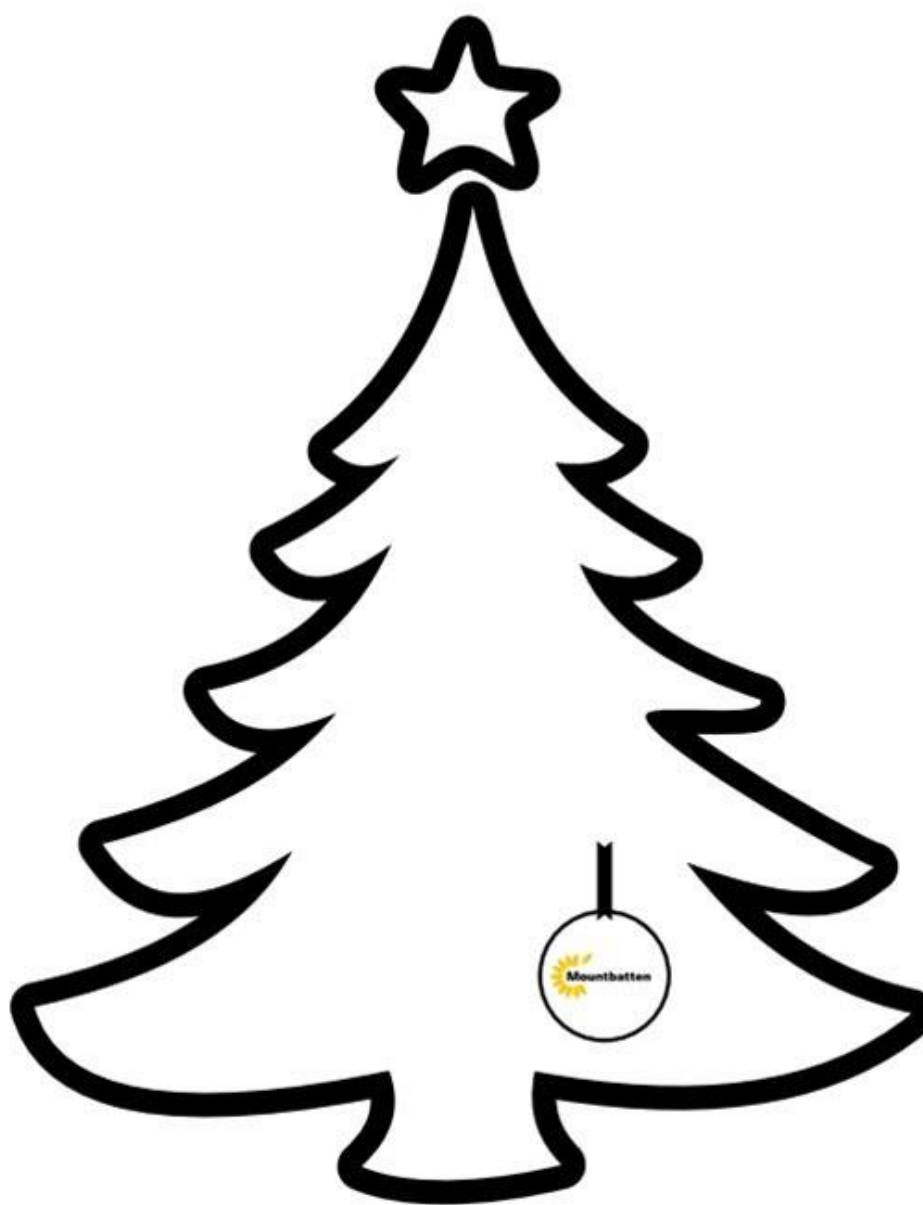


Mountbatten Christmas Tree Decorations

Mountbatten Isle of Wight are planning to take part in the Brighstone Christmas Tree Festival between 5th and 8th December and would also like to decorate the John Cheverton Centre community space in Newport.

As one of our top five fundraisers for this year's Walk the Wight, they would love to invite children from our school to colour-in the image below.

A colourful selection will be displayed on their tree in Brighstone and the plan is to use all the lovely creations at our hospice in December. **Please return the tree design below to the office by 2nd December to take part. Thank you.**



Community News and Events



Cowes Community
PANTRY

Unit 1 Seaways
Seaview Road
Cowes
PO31 7US

Tuesday's 10.00 - 12.00
Thursday's 17.00 - 18.00
Saturday's 17.00 - 18.00

PAY £5 FOR £15 WORTH OF FOOD

www.IOWPanttries.org
email: iwpantries@gmail.com
facebook.com/[IOWPantry](https://www.facebook.com/IOWPantry)

SANDOWN SUNDAY SOCCER

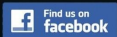


INTRODUCING OUR FUN FOOTBALL SESSION AT THE BAY PRIMARY SCHOOL SANDOWN!

OUR FUN SESSION WILL BE:

*Every Sunday 10am-12pm
at The Bay Primary School,
Winchester Park Road, Sandown.
£6 for the 2 hours per child.*

To Book: Text your child's
name, school, year group
and parent name
to **07594 389531**



Sandown Soccer - Isle of Wight





EXCITING NEWS!!

MINI MOOVERS

**RUNNING EVERY SUNDAY MORNING
9:30-10:30AM.**

CAFE OPEN UNTIL 11:00!

**FIRST CLASS STARTING ON
SUNDAY 22ND SEPTEMBER!**

£4 A CHILD

Build your little ones co-ordination, confidence strength, social and motor skills using our range of specialised parkour equipment, trampoline and bouncy floor.

Booking not required
Siblings under 12 welcome!

1 SAUNDERS DRIVE, SOMERTON INDUSTRIAL ESTATE, COWES, PO31 8HU



PARENT FITNESS MATTERS



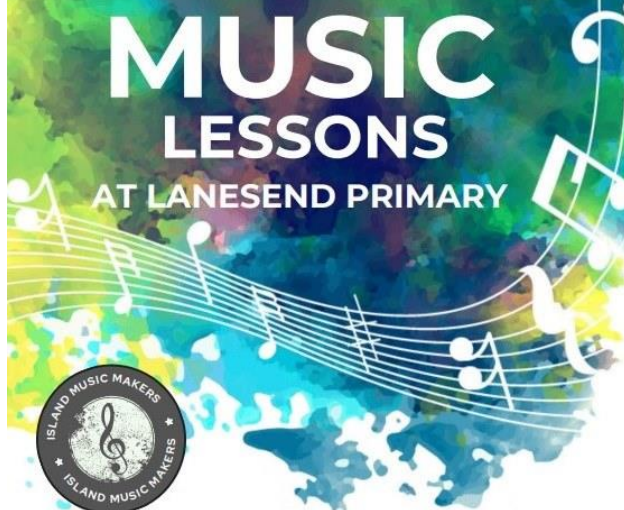
CIRCUIT FITNESS CLASSES

TIME FOR YOUR HEALTH TO BE A PRIORITY!

Cowes Enterprise College @ 7.10 -
7.55pm Wednesdays & Gurnard Village
Hall @ 8 - 8.45am Thursdays
Taster session for £4.50 and normal
sessions from £6
Contact Us Today For More Details:
07757 334092
generationalhealthandfitness@outlook.com



WWW.ISLANDMUSICMAKERS.CO.UK



GUITAR - SONGWRITING VOCAL COACHING - UKULELE

Student led lessons - They pick the songs - They set the pace

Lessons take place during school time - 30 minute sessions

Price per lesson:: £17.50 one-to-one / £12 each for groups of 2-3

Email now to book your child's place for September 2024!

✉ islandmusicmakers@gmail.com f islandmusicmakers ☎ 07868651050

TAPNELL FARM PARK

THE ISLAND'S AWARD-WINNING CHRISTMAS EXPERIENCE

Christmas at Tapnell

...There's no time like the present

1st - 24th DECEMBER
(on selected dates)

The clock is ticking to help save Christmas!

BUY TICKETS NOW!

www.tapnellfarm.com/christmas

TAPNELL FARM PARK

WINTER SEASON PASSES

Valid from 7 November 2024 - 21 March 2025

Transferable adult season pass when accompanying a child season pass holder

£30 PER PERSON

ALL WEATHER INDOOR & OUTDOOR PLAY!

FUN EVENTS ALL YEAR!

JUST £6 PER MONTH!

UNDER 2's ARE FREE!

UNLIMITED FREE ENTRY*

Full details and to purchase (online only)
www.tapnellfarm.com/play

see website for full T&C's

1 TO 1 COOKERY CLASSES

OPTIONS

Age 4-7

- Session 1- pizza masterclass and safety in the kitchen
- Session 2- bread and soup, with vegetable quiz
- Session 3- eggs and potatoes different ways
- Session 4- cookies and cakes
- Session 5- 2 course presentation
- Session 6- burgers and cheese varieties quiz
- Session 7- tacos and crêpes
- Session 8- cottage pie and garlic bread
- Session 9- lunchbox and snacktime
- Session 10- 3 course meal presentation

Age 8-11

- Session 1- pizza masterclass and safety in the kitchen
- Session 2- bread and soup, with vegetable quiz
- Session 3- eggs and potatoes different ways
- Session 4- cookies and cakes
- Session 5- 2 course presentation
- Session 6- burgers and salad
- Session 7- tacos and crêpes
- Session 8- cottage pie and knife skills
- Session 9- pasta and meatballs with garlic bread
- Session 10- 3 course meal presentation

Age 12-17

- Session 1- pizza masterclass and safety in the kitchen
- Session 2- bread and soups
- Session 3- eggs and potatoes different ways
- Session 4- cookies and cakes
- Session 5- 2 course presentation
- Session 6- burgers and salad
- Session 7- pastry and puddings
- Session 8- cottage pie and knife skills
- Session 9- pasta and meatballs with garlic bread
- Session 10- 3 course meal presentation

Age 18+

- Session 1- vegetables and soups
- Session 2- stews/curries
- Session 3- rice/potatoes different ways
- Session 4- cookies and cakes
- Session 5- 2 course presentation
- Session 6- pizza and garlic bread
- Session 7- mexican food
- Session 8- pastry
- Session 9- fresh pasta and meatballs
- Session 10- 3 course meal presentation



QUAY ARTS PRESS RELEASE 06/11

SQUASHBOX THEATRE PRESENT...



**The Christmassy Christmas Show of
Christmassy Christmasness!**

@ Quay Arts Centre, Newport

Saturday 30th November

Onstage from 11am / 2pm

£10.50 (+Booking Fee)





2024

Trinity Theatre, Cowes
present

noda
by inspired by creative theatre

DRACULA

The Pantomime

by kind permission of limelightscripts.co.uk



Fri 6th Dec 7:30pm

Sat 7th Dec 2:30pm

Sun 8th Dec 2:30pm

Fri 13th Dec 7:30pm

Sat 14th Dec 2:30pm

Sun 15th Dec 2:30pm

Adults £10 | Under 16 £7 | Family (2A+2C) £30

Bookings: www.caods.org.uk | 01983 295229



COMMUNITY FOOTBALL

MONDAY EVENINGS



**COWES ENTERPRISE COLLEGE
SPORTS HALL**
Crossfield Ave, Cowes, PO31 8HB

6pm - 7pm
Reception to Year 6

£20 Per Month

**Every Monday
all year Round**

To Book

<https://ljrcoaching.class4kids.io>

 07368 886639

 ljrcoaching97@gmail.com

SCAN ME







2/2

WINTER OPENING HOURS

MONDAY- THURSDAY: CLOSED
FRIDAY & SATURDAY: 8:00-20:00
SUNDAY: 8:00-17:00



**BREAKFAST WITH
SANTA!
DATES AND
INFORMATION
RELEASED SOON...**

Southampton and Isle of Wight Music



STRING GROUP

For complete beginners or those who have just started learning to play the violin, viola, cello or double bass



Saturdays during term time
Starting 16 November 2024

11.00 – 12.00pm

At Music Craft

98 High Street, Newport, PO30 1BQ

Termly membership £40

For further information and to sign up please contact us using the details below

music@slowmusic.org

023 8083 3648



slowmusic.org
music@slowmusic.org
023 8083 3648

Opening Hours

Monday:	09:00 – 17:00
Tuesday:	09:00 – 17:00
Wednesday:	09:00 – 17:00
Thursday:	09:00 – 17:00
Friday:	09:00 – 16:00

Isle of Wight SENDIASS is a free and confidential service. We offer impartial information, advice and support on issues relating to a child or young person's special educational needs or disability. We work with parent carers, and with children and young people from 0 to 25, in the Isle of Wight.

We can provide information, advice and support about a range of topics including:

- Listen to your views and concerns and help you to explore your options.
- Your own or your child's rights around education, health and care.
- SEND support in schools, early years and post 16 settings.
- Exclusions.
- Preparing for and attending meetings.
- The statutory assessment process towards an Education Health and Care Plan (EHCP).
- Disagreements, mediation and appeals to the SEND tribunal.
- Local services and support groups.

0808 164 5492
info@iowsendiass.org.uk
www.iowsendiass.org.uk

Come and Join Us For
CHRISTMAS

AT PARKLANDS

Park Road Cowes

FOOD - MUSIC - GIFTS

KIDS ACTIVITIES & PET PORTRAITS

NOVEMBER 30 10.00 - 16.00

POST LETTERS TO SANTA AT THE ELF STATION
BEST CAKE DECORATED COMPETITION
ENTRY FORMS AVAILABLE



WINTER WONDERLAND OF
DECORATED TREES BY THE IOW ALZHEIMER CAFES



NHS
Hampshire and Isle of Wight

Not sure how
to treat
coughs, colds,
scrapes and
sniffles?

Download the Healthier
Together app or visit:
what0-18.nhs.uk

Healthier Together provides advice for parents on every common injury and illness your child or teenager might experience, including mental health problems. If you're not sure what the best way to treat something is, or whether it's time to seek help, Healthier Together has the answer.



Hampshire and Isle of Wight

Think Pharmacy First

You can now take your child to your local pharmacy to get treatment for these five common conditions:

- Ear ache (children aged 1-17)
- Sore throat (over 5s)
- Infected insect bites (over 1s)
- Impetigo (over 1s)
- Sinusitis (aged 12 and over)

By going straight to your local pharmacy you can have a consultation with a trained pharmacist and receive advice and even medication (if appropriate).

Get your child on the road to recovery and back to school sooner with support from your local community pharmacy.

Visit our Pharmacy First web page to find out more.



rugby rugby rugby rugby rugby rugby rugby rugby rugby rugby rugby

rugby

Sundays
11.00-11.50am
Wootton Rec
PO33 4NQ
Email:
vectisvc@gmail.com

TRY RUGBY WITH US!

Visit findrugby.com

VECTIS RUGBY CLUB



**TRY RUGBY
WITH US!**

Visit findrugby.com

Visit findrugby.com

ASPIRE



PACT

PARENTS AND CARERS TOGETHER

Communication & Language Drop-In Session

**Free
Event!**

Please take
part in our
simple survey.
Every response
matters!



**Weds 27th Nov 2024
10.30am-12.30pm
Ryde Library
101 George St,
Ryde
PO33 2JE**

**Free £10 grocery
voucher for all
who attend, fill
out our survey &
complete a
feedback form!**

An amazing opportunity to meet
Communication & Language experts
on the Island!

Cake, biscuits and glitter tattoos
free on the day!

Come along and have a chat, have
your views heard and questions
answered

Professionals available on the day:

Nadine West - Barnardo's,
Will - Dadzclub

Justine Turner & Becca Burr - Speech & Language Team

Andrew - Parents Voice

Find out more or request transport using the details below



familyinfohub.iow.gov.uk



[IWfamilyinfohub](https://www.facebook.com/IWfamilyinfohub)



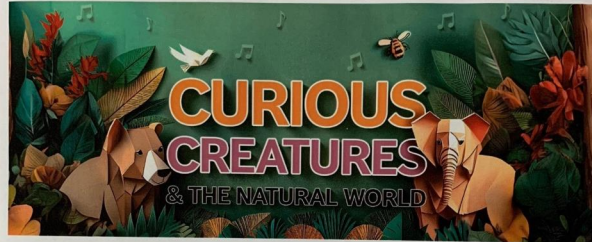
rosie@aspireryde.org.uk



bournemouth
symphony orchestra

BSO On Your Doorstep

Family Concert



St Mary's Church, Cowes

Saturday 30 November, 3pm

Join us for an hour of family friendly music with the BSO
and young local musicians from the Isle of Wight.

Ticket price: £5

In advance from: BSO 01202 669925

or online at bsolive.com/events/curious-creatures-cowes/



Move on and Thrive Youth Empowerment Fund

SNG Youth Empowerment Fund is aimed towards young
people living on the Isle of Wight, who need a bit of help to
'Move on and Thrive'!

Young people between 16-25 years old could receive up to
£250 to help with travel, personal development, health & well-
being, digital inclusion & moving into a new property.

For more information please click [here](#)

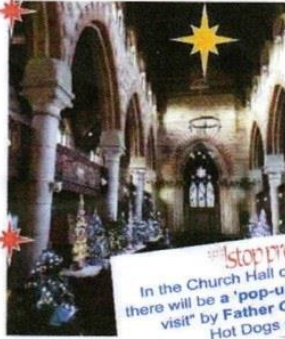


COWES CHRISTMAS TREE FESTIVAL

at

ST.MARY'S CHURCH COWES

Friday 13th to Sunday 15th December



stop press!
In the Church Hall on Saturday 14th
there will be a 'pop-up' market, a "flying
visit" by Father Christmas and
Hot Dogs served!!

10 a.m. - 4 p.m. each day
(including Sunday)

Refreshments available

Tea, Coffee, Hot Chocolate, Cakes, etc.

FREE ENTRY

WHEELCHAIR ACCESS



You are warmly invited to

COWES
LATE NIGHT
CHRISTMAS SHOPPING
EVENING

On

THURSDAY 5TH DECEMBER 2024

From 4.30pm – 8pm

A selection of carols will be performed by
Lanesend Primary School Choir outside
Sainsbury's from 4.30pm, followed by the

FESTIVE LIGHTS
SWITCH-ON

With additional entertainment in the High Street
& Bath Road area throughout the evening

FREE PARKING in Cross Street Car Park between 4pm – 9pm

ALL ARE WELCOME



www.cowestowncouncil.org.uk



Winter 2024/2025

Newsletter

FREE
until
JAN 25



Understanding the Teenage Brain

Watch this recorded session in your own time, to learn why our teens think, feel and behave very differently from adults and how we can support them.

Thursday
5th Dec
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
17th Dec
19:00 - 21:00
£24



Facing Defiance

Effective interventions for handling defiant behaviour. ADHD, ODD and PDA relevant as well as regular challenging behaviour. Introduction to the FACE programme - Facing Defiance - 6 week course

Tuesday
7th Jan
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Thursday
9 Jan
19:00 - 21:00
£24



AUTISM:

Improving Communication

Looking at how small changes in how we communicate with children on the spectrum can lead to big improvements.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date ask for the link to the recording, available for 48 hours afterwards

Book online at facefamilyadvice.co.uk
go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

Santa's Grotto and Winter Wonderland

Friday 13th, Saturday 14th, Sunday 15th December
4 - 6:30pm



**Yarmouth Guide and Scout Hall,
Mill Road, Yarmouth**

•all funds raised go to the running of the Guide and Scout Hall•

RYDE & DISTRICT ROUND TABLE PRESENTS

SANTA DASH

2024



2 km or 5 km

1st December at 10am

Start / Finish at Ryde Superbowl

Pre-book your discounted tickets now at ticketebo.co.uk/iowsantadash

Children: £7.50* | Adults: £17.50* | Family of 4: £45.00*



Mountbatten



FYFEY



*Children must be under 18 - Booking fees apply - Entry on the day will incur slightly higher fees - Only 1 dog per adult/ family.
See Facebook page or ticketing website for all event details. Santa suits are provided.

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Isle of Wight *com*

snap 24/7
fitness



Superbowl

St
James
Clinic



Wildheart Wonderland

Join us for a magical experience this December!

Santa needs your help with an urgent mission... Come and join his team of Elves this Christmas at the Sanctuary to help to save Christmas!

Selected dates
14th, 15th, 21st, 22nd and 23rd December 2024

Daily start times
10:30, 11:00, 11:30, 12:00, 13:00, 13:30, 14:00, 14:30

Each Wildheart Wonderland experience is approximately 1 hour long, and the price also includes entry into the Sanctuary for the rest of the day.
This event is suitable for children aged 3+

Tickets
Children £20 | £15 each for accompanying adults.
Members: Children £16 | £11 for accompanying adults.

Book your tickets today!
wildheartanimalsanctuary.org

In collaboration with Enchanted Isle

S.M.E.L.F.



EXPLORE
SOUTHAMPTON'S
SNOW WINDOWS
TRAIL

29TH NOV – 31ST DEC

Magical snow scenes for you to discover!
OPEN 10AM – 5PM (CLOSED CHRISTMAS DAY AND BOXING DAY)

Brought to you by
Visit Southampton

Sponsored by
Brackenwood

Windows artwork by
SNOW WINDOWS

For more information visit: visitsouthampton.co.uk/christmas