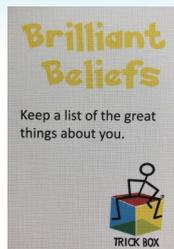




# ad sciurus

## THE SQUIRREL

Issue 38 Thursday 23rd July 2020



**We are in the penultimate day but the very last newsletter of this academic year.** When I look back to the very first newsletter of this year where we talked about how excited we were to be back at school with so many fabulous smiles and welcoming hugs, how different the year has ended from the hopes and dreams that we started from. I do know that sometimes it is very hard to see the good in situations and our current situation under Covid-19. I imagine there have been days that have not been very shiny and bright but I do also hope that we all take positive moments from this pandemic and remember great moments we spent with our family, the pure delight in meeting our friends again and the excitement of returning to school. **I have just been looking at the children's wellbeing survey** and it was so lovely to read that so many of the children missed school, missed the learning and had no worries about coming back to school in September. This heartened me and I know that it will be better than okay! In our staff meeting last week I asked the same questions about one positive moment from Covid-19. There were some great answers from reconnecting with families through Zoom, time with loved ones that we could only ever wish for and seeing how technology has impacted positively in many areas of our lives. I do hope that you too have positive moments to take, not only from Covid-19 but throughout the year in school. Some of the highlights include a trip to Kidzania, which we absolutely loved. It was so wonderful to see the children enjoy being a grown up for the day and how lucky we were to go as lockdown occurred shortly afterwards. Our trip to The Mayflower to see Nativity and taking a moment to watch Santa fly across Southampton and see the delight on the faces of the children. The Japanese learning and all the activities which have really engaged the interest of all the children and the team and I have loved seeing all the learning produced. I was also amazed at the art pictures that were created during lockdown. **I have another challenge for you for this summer to recreate an iconic album cover. Please do send your creations in.**



**Today we sent out the September Information and Frequently Asked Questions.** If you do have any further worries or concerns, then do email me and I will be in touch. I have had a couple of emails regarding how difficult the staggered drop off and picks up are and I do completely understand. Unfortunately, we are being guided to keep this in place for the time being and I am not sure how long it will take the children to wash their hands and enter each classroom. We are installing more sinks and hopefully once we get into the swing of it with everyone being back then we may be able to reduce the staggered times for families. We did think about many different options including families coming to school in alphabetical order but this just became unmanageable as it could mean that children were coming into the classroom for more than an hour at the beginning and the end of the day and it was felt to be too disruptive. We have also thought about opening the gate on the field but this is dependant on it being dry. However, it would be great to do some fundraising to put in a path in and a golden mile track on the field.

**Talking about fundraising,** we suddenly thought that we may not be able to do the Christmas fayre, The Valentine Disco, and Movies Nights in our traditional way. However, we have come up with alternative ways and we are going to begin with virtual LEAF meetings when we return in September which I hope will enable lots more people to be able to join and share ideas. We also thought that families may be in favour of a donation to the school to help with fundraising but I will come back to this all in September once we have formulated a cunning plan! We have lots planned for the children and we know we can make it work and keep everyone safe too.

**As this is the final newsletter it is time to say goodbye to some of our lovely team members.** My heart felt thanks to all the members of the team who have supported the children, the families and the team whilst they have been here at Lanesend. Every person is an important part of our team and we cant do it individually, we can only do it together. **To Mr Read, who I am sure will never forget his primary school experience I thank you.** We all thank you for being part of the school and hope that your next chapter brings as much fun and great teamwork as you have experienced here at Lanesend. **Mrs Jennings, who joined us after reorganisation and stuck with us throughout our journey is now putting her feet up** and taking some well earned time to enjoy with her family. **Miss Fallick, who joined us a year ago from her travels and continues to travel on with her teacher training** we wish her good luck. **Miss Bailey, who is back at home resting and we were lucky enough to pop over and spend a little time with her today** and shower her with cards and gifts and lots of love. We will continue to be in touch with Miss Bailey as part of Team Lanesend. **Then comes, Ms Coppin who is riding off into the sunset with Mr Cooper to a new school surrounded by her family.** She has been part of the Lanesend journey and helped many children grow into great adults. **Finally to Mr Cooper, who has supported me and the team and all the children through the most challenging and most exciting days to a 'stand-out' school.** I know he has been very touched by the warm wishes from the children and their families and we wish him the very best.

**Mr Andre has sent out home learning today for all children and this will continue weekly throughout the summer.** It has been the most unusual of times but I know that I could not have got through or enabled the school to open to the children without the dedication, support and love of the team. They have been amazing and gone beyond the stars. As a comparison, nationally 25% of the children have returned to school but as a school we have 56% of children back because staff, families and children believed and trusted in us. By this I am humbled and grateful. However, I am absolutely worn out too and looking forward to some down time!

Have a wonder summer break. I do hope the sun shines and that everyone can enjoy lots of fun, laughter and happiness during the next few weeks. **I am also so excited to welcome all the children back on the 1st September.**

*Caroline Sice,*  
*Headteacher*

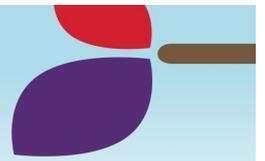


**I will teach you in a room.  
I will teach you now on Zoom.  
I will teach you in your house.  
I will teach you with a mouse.  
I will teach you here and there.  
I will teach you because I care.**



# FOR YOU

Issue 38 Thursday 23rd July 2020



## Start Times/Finish Times for September

### Year R Classes:

Yr 2: 8.20am – 2.20pm

Yr R: Miss McQueen: 8.20am-2.20pm

Yr 3: 8.20am – 2.20pm

Yr R: Mrs Hinkley 8.35am – 2.35pm

Yr 4: 8.30am – 2.30pm

Yr R: Miss Hopkinson: 8.50am-2.50pm

Yr 5: 8.40am – 2.40pm

Yr 1: 8.35am-2.35pm

Yr 6: 8.50am – 2.50pm



TRICK BOX



## This week's Trick:

## Brilliant Beliefs



### Why?

One of the tricks our mind plays is to highlight positive or negative 'evidence' which confirms what we already believe about ourselves, others and the world around us. This mental habit is called confirmation bias. Our blind spots may limit our relationships, our opportunities and our self beliefs. Focusing on the positive aspects of ourselves helps us to develop our self esteem and gives us the confidence to try new things and widen our skills and experiences.

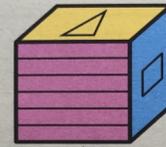
### How?

There are lots of really great things about us but sometimes we focus on the negative and this can make us feel bad. We can also focus on the negative things about others too and make them feel bad or not enjoy being with them as much because we keep thinking about what's wrong with them rather than the good points! When we focus on the positive or good things about ourselves or others, we all begin to feel better about ourselves and this helps us learn and do more. To help, make a list about all the positive and good things about you. You can keep this private. Make sure you keep this list near to you and add new points whenever someone says something that's great about you. You can also read it if you feel sad or low.

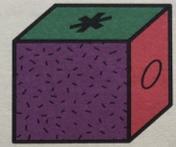


# Puzzle Corner

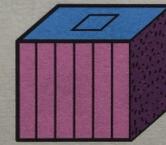
Which of these is not a view of the same box?



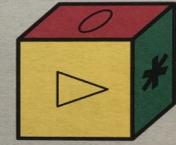
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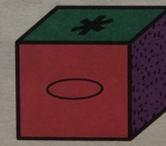
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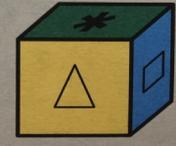
C



D



E



F

## Last Week's Answer:

7. 10. The clock moves 15, 20 and 25 minutes forward

## Dates for your Diary

Fri 24th July Year 6 Leavers Assembly

Fri 24th July Ice Cream Van 1.30pm

Fri 24th July Year 6 Leaving at 1.30pm

**Fri 24th July Last Day of Term**



Have a lovely Summer



**Tues 1st Sept School Starts— All Year Groups**



Mrs Sice's final assembly of the school year on 'Trust' is available to watch on our Official Lanesend Primary School Lanesend Page and Classdojo. We hope you all enjoy the bonus video too!



S.N.A.G.

Summer Holidays Home Learning Grid

Summer 2020

Cook a curry to share with your family.

Create your own pizzas– which toppings could you use?

What is your favourite fruit? Use this to create a fruit salad or fruit kebabs.

Make your own healthy burgers– you could use turkey mince or lentils to do this.

Help your family create a menu for a healthy barbecue– what foods will you include?

Write a recipe for a fruit smoothies– make it to share with a friend.

Find a recipe for lemonade or any fruity drink– try making it!

Make your own healthy, fruity lollies in the freezer.

Help your family make pancakes– what will you serve them with?

Did you know you can make your own yogurt? Find out how, and have a go!

Plan and prepare a healthy picnic to enjoy with your friends.

Create a rainbow vegetable wrap to enjoy for your lunch.

Have a go at the activities every time you complete one, colour in the box and send us a photo through 'Class Dojo', bring in a photo of what you have done, or tell us all about it. We can't wait to see what you do!

THE READING AGENCY

# MEET THE SILLY SQUAD



## SUMMER READING CHALLENGE

Take part in our Summer Reading Challenge 2020. Let's get silly! #SILLYSQUAD2020

Illustrations © Laura Ellen Anderson 2020

# Join Us

**Vacancies: We have 2 Midday Supervisory Assistant Roles**

available for September (Mon-Fri, 2 hours 50 minutes a day). Please phone or pop to the office to get an application form if you are interested.

**The closing date for these vacancies is**

**Friday 24th July.**

# thank you

A huge THANK YOU to Freddie Sheasby's Nan, Caroline for your kind donation of £50 to our school funds. We really do appreciate your kindness.

# LANE ZONE



*Tune into the quiet and calm, turn down the busy and give this week's activity a go...*

Mind Full, or Mindful?

Let's boost our Resilience and Courage to face the challenges of:



## RESILIENCE CALENDAR: JUMP BACK JULY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>We can't control what happens to us, but we can choose how we respond</b>			<b>1</b> Be willing to ask for help when you need it today (and always)	<b>2</b> Make a list of things that you're looking forward to	<b>3</b> Adopt a growth mindset. Change "I can't" into "I can't... yet"	<b>4</b> Find an action you can take to overcome a problem or worry
<b>5</b> Avoid saying "must" or "should" to yourself today	<b>6</b> Put a problem in perspective and see the bigger picture	<b>7</b> Shift your mood by doing something you really enjoy	<b>8</b> Get the basics right: eat well, exercise and go to bed on time	<b>9</b> Help someone in need and notice how that gives you a boost too	<b>10</b> Don't be so hard on yourself. It's ok not to be ok	<b>11</b> Reach out to someone you trust and share your feelings with them
<b>12</b> When things go wrong, be compassionate to yourself	<b>13</b> Challenge negative thoughts. Find an alternative interpretation	<b>14</b> Set yourself an achievable goal and make it happen	<b>15</b> Go for a walk to clear your head when you feel overwhelmed	<b>16</b> When things get tough, say to yourself "this too shall pass"	<b>17</b> Write your worries down and save them for a specific 'worry time'	<b>18</b> Let go of the small stuff and focus on the things that matter
<b>19</b> Notice something positive to come out of a difficult situation	<b>20</b> Ask yourself: What's the best thing that can happen?	<b>21</b> If you can't change it, change the way you think about it	<b>22</b> Make a list of 3 things that you can feel hopeful about	<b>23</b> Remember that all feelings and situations pass in time	<b>24</b> Choose to see something good about what has gone wrong	<b>25</b> Notice when you are feeling judgemental and be kind instead
<b>26</b> Get back in touch with a supportive friend and have a chat	<b>27</b> Write down 3 things you're grateful for (even if today was hard)	<b>28</b> Catch yourself over-reacting and take a deep breath	<b>29</b> Think about what you can learn from a recent challenge	<b>30</b> Ask for help from a loved one or colleague. Be specific	<b>31</b> Remember that you are not alone. We all struggle at times	

ACTION FOR HAPPINESS

actionforhappiness.org

Daily actions to look after ourselves and each other as we face this global crisis together
Keep Calm · Stay Wise · Be Kind

# GIVE YOUR CHILD THE BEST SUMMER EVER



**FREE** School Holiday Places at YMCA Daycamps

**CONNECT 4 SUMMER**  
2 0 2 0

If your child is 12 or under, receives free school meals, and you are in work, then they are eligible for 2 FREE weeks of exciting activities plus a hot meal at YMCA Shanklin or YMCA Newport this summer holidays.

**Shanklin: 3<sup>rd</sup> Aug – 14<sup>th</sup> Aug (R to age 12)**

**Newport: 27<sup>th</sup> Jul – 25<sup>th</sup> Aug (R to age 8)**

Book your place now:

525423 Newport (Year R to age 8)  
861441 Shanklin (Year R to age 12)

[www.ymca-fg.org](http://www.ymca-fg.org)



# Junior Cricket Coaching at Cowes CC



We are looking for players for our U11, U13 and U15 teams for the 2020 season which will be starting soon!

Our first practice sessions will be held on **Friday 17th July** at **IOW Community Club**, and then every Friday until the end of August

**Softball session (School Year 3s-6s) - 5pm-5.50pm**

**Hardball session (School Year 5s & above) - 6pm - 7pm**

£1 per child per session

To prevent 'bubbles' mixing, children will only be allowed to take part in 1 of the 2 sessions currently. If your child is in Year 5 or 6 we would recommend the softball session if they haven't played before, and the hardball session if they have!

Please bring any cricket equipment you have - if you don't have any, we have some that you may use which will be thoroughly cleaned after each use.

All sessions will follow ECB Guidelines (social distancing etc.) and will be run by ECB Qualified Coaches.

We are limited to 20 spaces in each session - booking is **ESSENTIAL** - you cannot just turn up on the day! To book your space please message us on Facebook (Junior Cricket at Cowes CC), email [asharsenaliow@yahoo.co.uk](mailto:asharsenaliow@yahoo.co.uk) or text 07716659775 with the participant's name and school year and whether they will be attending the softball or hardball session.

**Camp Beaumont of Kingswood**

CELEBRATING 40 years of CAMP BEAUMONT

**OPENING SOON!**  
**at Kingswood Isle of Wight**  
**3<sup>rd</sup> - 28<sup>th</sup> August**

Camp Beaumont has been providing flexible, fun and affordable childcare for 40 years.

We're bringing our brand new programme of inspiring and engaging activities for children from 6-16 to Isle of Wight this summer holidays and we have additional procedures in place to keep campers, parents and our teams safe.

From robot coding to junior yoga and circus skills, Camp Beaumont is the perfect place for your child to learn new skills, make new friends and get active this summer holiday at Isle of Wight.

3 day pass from **£117**

week pass from **£190**

Book now for the school holidays by calling

**01603 851 000**

or email [campbeaumontkingswood@inspiring-learning.com](mailto:campbeaumontkingswood@inspiring-learning.com)

[www.campbeaumont.co.uk](http://www.campbeaumont.co.uk)



INSPIRE IS A 5-WEEK ONLINE CREATIVE THERAPY GROUP PROGRAMME FOR YOUNG PEOPLE AGED 11-12. SESSIONS WILL FOCUS ON BUILDING CONFIDENCE AND SELF-ESTEEM.

Where: Online sessions, facilitated as a Zoom group.

When: 11:30am – 1pm each Wednesday for 5 weeks in the Summer Holidays. Commencing on 29th July 2020.

To refer a young person for Inspire contact the Youth Trust 01983 529 569 or [info@iowyouthtrust.co.uk](mailto:info@iowyouthtrust.co.uk)

Inspire is a great opportunity to explore our feelings and how to relate to others and understand ourselves better. The programme is designed to be fun and inspirational using, art, drama, story telling and creative imagination.