



# ad sciurus

## THE SQUIRREL

Issue 31 Thursday 4th June 2020



It is lovely to have the school's heart beating again. **I cannot tell you how pleased I am to hear the children at play around school.** The children have settled back into school brilliantly and adapted to the new routines and expectations. We are all very proud of them! I hope you have also been reassured this week that it is very doable. One of our Trustees, James Hall, has monitored the procedures put in and the risk assessment and has reported back to the Trustees that the school has worked extremely hard and made positive changes that are working well. **'As a school Trustee, it was great to be given the opportunity to see first hand actually inside the school the measures put in place for the safety of our children and staff with the reopening of the school. I was very impressed with the staff knowledge and implementation of all the new procedures and practices, with each classroom so well equipped for operating safely in their own 'bubble' to ensure as much distancing as possible is maintained during the day.'** - James Hall, School Trustee. We will wait to see what the impact of schools going back is nationally, but it was pleasing to read the Isle of Wight 'R rating' for last week was 0.42, so hopefully if we keep doing what we are doing this will continue to reduce in the coming weeks.

**Registers:** I do know that some families feel that having to call in or email everyday is unnecessary. However, our registers are open for Years R, 1 and 6 and are a legal live document that has to be completed everyday. This is in the government guidance, alongside new codes that we have to input depending on if your child is poorly, has a positive COVID test result or if it is a choice to remain at home. So we are not being difficult, we are following not only our own policy but the policies of the DFE too. **Please help our team by either phoning in or emailing Andrea on [andrea.flux@lanesendpri.iow.sch.uk](mailto:andrea.flux@lanesendpri.iow.sch.uk) by 9.30am everyday.** Thank you.

**This week in school, we are on week 6 of our Japan Topic.** It has been lovely seeing all the children engage with the different aspects of Japan. The drawings in Year 6 were just marvellous yesterday and the children have also been enjoying learning the Japanese language and calligraphy. It really is such a fascinating country with a history of traditions and life stories. Please do share any learning at home with your teacher as we love seeing that too. **Also, this week in school would have been the Year 1 phonic check and the Year 4 multiplication check.** I know the team are assessing the Year 1 children who are in school and focusing on making sure that they have these very important phonic skills before transition into Year 2. Multiplication and timestables are still a very important skill right across the school and it has been superb hearing about the children who have moved up on their '99 club' during their time at home. Learning your timestables is a life skill and so important. Once mastered it is never forgotten.

**We have a Full Governing Body meeting via GoTo on Wednesday evening,** where they will sign off the budget for next year. This means I will be able to let you know this time next week the arrangements for September presuming that normal service resumes. On Thursday there is an anti-bullying meeting and on Friday we will do a fire drill for the children in school so that we can practise the new expectations.

**Transitions days: we have booked the week Monday 13th July as a transition week for the children to meet their new class teachers.** The original plan was that they would come to school on **Monday 13th July into their normal classrooms** and then from Monday afternoon through to Friday lunchtime they will then be with their new teachers getting to know them. However, given the current situation, if we are all not back in school we will work it so that half of the class will come in for two days to meet their new teacher. We will then clean for one day and then the other half of the class will come in for two days at the end of the week. So whatever happens, we will ensure that the children get to meet their new teachers before September. There are going to be a lot of changes for September; how we work, organise things and how we support the children. We are very excited about the new way forward and it definitely feels like a new era is beginning at Lanesend.

**I have had some requests regarding Breakfast Club.** Depending on demand, I hope to open just Breakfast Club from 7.30am (not 8am Club) next week. We have sent out an email requesting that you let us know if this is something you will need and then I can make a decision and let you know by tomorrow if we can accommodate. Similarly, the after school club, Squirrels Den is running at the moment but we have such few children that it is currently financially unviable. I just need some indicative numbers to see if both these provisions are viable over the coming weeks.

**Our kitchen is providing school meals again.** Can I just remind families to book and pay for their child's lunch on School Money either weekly or the day before as it closes at midnight. This is the same for booking Breakfast Club and Squirrels Den too, it is much better if you can do it online. Please also remember that you can pay for any outstanding monies on School Money too.

**Trust is our focus for assemblies this term** and I will be doing a video to show in school and to send home. I will continue doing an end of the week message for everyone at home too. Home learning will continue to come home to you on a Thursday. For children not in school, the staff will call you every week. This is a must. They will also rearrange for GoTo meetings so that the children in school and at home have a chance to be together.

**Just before half term** I did challenge anybody to design a new ambigram. If you have any at home, I would love to see them so please do send them in. This week we've been looking at weird grammar rules. How to use 'which and that', 'may and might', 'fewer and less', and 'affect and effect'. Can you use these in a sentence and send them in? The English language really is quite bizarre sometimes.

We were just saying how lucky we were to have moved our half term and had two weeks of glorious sunshine. I do hope that the sunshine returns soon. Have a great week both in and out of school and **everyday we get closer to the day when we will all be back together.**

*Caroline Sice, Headteacher*

# FOR YOU



**Confidence**

Confident - thinking  
body-language  
self-beliefs  
actions

**Calm**

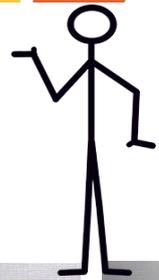
Mindful - emotional management  
relaxation  
solution thinking

**Communication**

Positive - communication  
choices  
behaviour

**Creativity**

Creative - mindset  
interests  
opportunities



Magic Circle

To feel confident, think confident thoughts and make a magic circle with your thumb and finger.



TRICK BOX

## This week's Trick:

### Magic Circle



TRICK BOX

#### Why?

When we say things confidently, we get feedback from the world as well as within our body. The more confident experiences we have, the more confident we feel and act. Even imagining feeling confident can have a big impact. We can use other times we have been confident to support building confidence when we need it. We call this an anchor.

#### How?

Think about what you do that makes you feel really confident. This could be things you enjoy or are good at. Think how your body feels inside when you feel confident doing this thing.

Now you've picked something that makes you feel confident, make a magic circle with your thumb and middle finger. Now close your eyes, breathe through your nose into your tummy and think about doing that thing which makes you feel so confident. Think about how good you feel and squeeze your thumb and middle finger together. Now open your eyes and unsqueeze your fingers. Repeat this 3 times.

#### When?

Use this trick whenever you experience a new confident moment to strengthen your anchor. Once the anchor is trained, it can be used whenever a confidence boost is needed- all you need to do is make the magic circle.

Give it a try and let us know how you get on!



## Summer Term Menu 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 1 <sup>st</sup> June 15 <sup>th</sup> June 29 <sup>th</sup> June 13 <sup>th</sup> July	Main Option	Cheese and Tomato Pizza with potato wedges	Macaroni Cheese	Roast Chicken, Roast Potatoes, vegetables and Gravy	Chicken Curry with Rice	Fish Fingers with Chips
	Veggie Option	Jacket Potato available	Jacket Potato available	Quorn Fillet, Roast Potatoes, vegetables and gravy	Jacket Potato available	Jacket Potato available
	Jacket Potato	With a selection of fillings	With a selection of fillings	With a selection of fillings	With a selection of fillings	With a selection of fillings
	Dessert	Fruit and Ice Cream	Vanilla Shortbread	Cheese, Biscuits and Apple	Apple Crumble and Custard	Chocolate Drizzle Cake
<b>Week Two</b> 8 <sup>th</sup> June 22 <sup>nd</sup> June 6 <sup>th</sup> Jul 20 <sup>th</sup> July	Main Option	Sausages, Mash, Peas and Gravy	Tomato and Vegetable Pasta	Roast Pork, Roast Potatoes and Gravy	BBQ Chicken with Rice	Fish Fingers and Chips
	Veggie Option	Veggie Sausages, Mash, Peas and Gravy	Jacket Potato available	Quorn Roast, Roast Potatoes and Gravy	Jacket Potato available	Jacket Potato available
	Jacket Potato	With a selection of fillings	With a selection of fillings	With a selection of fillings	With a selection of fillings	With a selection of fillings
	Dessert	Fruit and Ice Cream	Apple Crumble with Custard	Cheese, Biscuits and Apple	Oat Cookie	Iced Vanilla Sponge

- Available Daily:**
- Freshly cooked jacket potatoes (where advertised)
  - Freshly Baked Bread
  - Salad Bowl
  - Fresh Fruit
  - Baguettes Available for Key Stage 2 Daily

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



## BSO Young Explorers: Sea, Voyages & Hope

New online 3 week series for children to enjoy and support learning  
Starting Monday 8 June



Dear all,

We really hope you are all keeping well. We at Bournemouth Symphony Orchestra have been busy the last few months and are thrilled to be announcing 'BSO Young Explorers', our new series of initiatives to inspire all ages with music.

What I would love to draw your attention to - which is designed to be able to support teachers managing different classes as well as families who are home-schooling - is some exciting content coming online on **Monday 8 June** as kids prepare to set sail on a musical voyage. A three-week series 'BSO Young Explorers: Sea, Voyages & Hope' workshops introduces children to making music as they learn to make their own works, take part in warm-up exercises, and rehearse two newly-commissioned nautical songs to commemorate the 400th anniversary of the Mayflower's pioneering voyage. This was our inspiration for the next set of KS2 Schools' Concerts which have unfortunately been put on hold for the moment. The project culminates in a group (virtual!) performance of the two songs at the end of the summer term where you can be in a produced video where everyone is singing together! The workshops are designed to support the Key Stage 2 curriculum, but can be enjoyed by all ages. Led by BSO Associate Musician Sam Mason and composer James Redwood the sessions will be available — and free for all — on our website: <https://bsolive.com/>. New sessions will be uploaded multiple times a week at **11am** Monday 8 June – Friday 26 June (<https://bsolive.com/press-releases/orchestra-launches-summer-activities-for-all-ages/>).

We are also thrilled to be releasing music education resource packs (also from Monday 8 June) which will help children aged 4-14 to deepen their love of music through a series of prepared activities designed to relieve the burden on teachers and parents during lockdown. Available to all, the activities include learning to make-your-own instrument, exploring pieces through videos performances and talks, curated playlists, and musical cross-curriculum exercises.



### Puzzle Corner

**Speak out. Stay safe.**  
**virtual assembly**

Head to our Facebook page  
**9:30am Friday 5 June**

**THANK YOU!**

We would like to say a big **Thank You** to the Smith family for their kind donation of fruit for the children in school.

**THANK YOU!**

# LANE ZONE



*Tune into the quiet and calm,  
turn down the busy and give  
this week's activity a go...*

Mind Full, or Mindful?

## *How about a new, nature-bound pastime?*

Patience, focus, and a deep stillness of the mind are key states to achieve stone stacks.

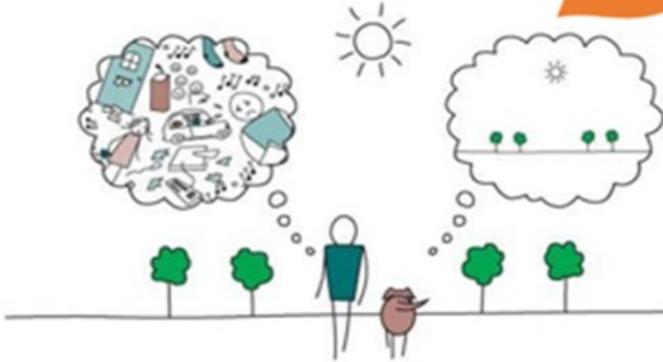


Because stone stacks are built using unaltered stones, they require your full attention on the task of the present moment. Finding the perfect connection of the stone's centre of gravity to its foundation will help to balance the next layer. The process is meditative; it heightens present moment awareness -

**mindfulness.**



# LANESEND ZONE



Mind Full, or Mindful?

*Tune into the quiet and calm, turn down the busy and give this week's activity a go...*

Remember our **M**indfulness tools, seek the sunshine, talk often, dance, laugh & love #TeamLanesend

## JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> Decide to look for what's good, even on the difficult days	<b>2</b> Re-frame a worry and try to find a positive way to respond	<b>3</b> Think of 3 things you're grateful for and write them down	<b>4</b> Show your appreciation to those who are helping others	<b>5</b> Smile and be friendly, even while you're social distancing	<b>6</b> Notice the upsides during the lockdown, however small	<b>7</b> Find a joyful way of being physically active (indoors or out)
<b>8</b> Write a letter to thank someone for what they did	<b>9</b> Find the joy in music today: sing, play, dance or listen	<b>10</b> Take a photo of something that brings you joy and share it	<b>11</b> Say positive things in your conversations with others today	<b>12</b> Make a plan with friends to do something fun together	<b>13</b> Appreciate the joy of nature and the beauty in the world around	<b>14</b> Do three things to bring joy to other people today
<b>15</b> Rediscover a fun childhood activity that you can enjoy today	<b>16</b> Ask a loved one what they feel grateful for at the moment	<b>17</b> Be kind to you. Treat yourself the way you would treat a friend	<b>18</b> Send a positive note to a friend who needs encouragement	<b>19</b> Create a list of favourite memories you feel grateful for	<b>20</b> Make time to do something playful today, just for the fun of it	<b>21</b> Enjoy trying a new recipe or cooking your favourite food
<b>22</b> Share a happy memory with someone who means a lot to you	<b>23</b> Look for something to be thankful for where you least expect it	<b>24</b> Thank a friend for the joy they bring into your life	<b>25</b> Eat food that makes you feel good and really savour it	<b>26</b> See the upside in a difficult situation you learnt from	<b>27</b> Watch something funny and enjoy how it feels to laugh	<b>28</b> Create a playlist of your favourite songs and enjoy them
<b>29</b> Take time to do something that makes you happy today	<b>30</b> Make a list of the joys in your life (and keep adding to them)	<p><b>"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle</b></p>				

**ACTION FOR HAPPINESS**

[www.actionforhappiness.org](http://www.actionforhappiness.org)

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind

As always, for a clearer view and to share the love visit:

[www.actionforhappiness.org](http://www.actionforhappiness.org)