



Lanesend Home Learning



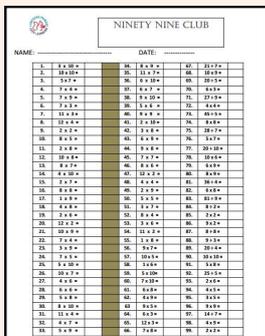
Welcome to our latest Lanesend Home Learning letter, this one is a little different as we have the half term break but we have created two weeks of lovely practical activities that will help if you need it. Many of us will be taking this time to chill and unwind, I myself have found this method of teaching particularly tiring and I do not have children at home. I am in awe of teachers up and down the country that are not only home schooling their own families but their classes, making phone calls, planning, continuing their own learning, video calls etc. and all through the stress of what is a very difficult time, you are all my heroes. On the subject of wellbeing and looking after yourself it is 'Mental Health Awareness' week next week with a theme of 'Kindness' so below you will find some kindness activities that you can do at home. Please send us pictures of you doing them and we can create a kindness wall. We also have some new sport activities from Miss Westbrook to keep us active, a new 'Trick Box' activity from Mrs. Napier and the May challenges from Miss Gangonells, a real team effort. What a bumper two week edition this is! Take care and enjoy your break.

The Lanesend Learning Project Overview 14/05/20

Click on the link for your child's year group to see this weeks learning projects.

EIFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<u>14/05/20</u>						

Here are some extra resources that you can use by clicking the images below.



99 Club



100 Word Challenge



Painting of the Week.



Pointless Spelling.



Handwriting Resources



Projects in the Garden.



Creative Projects.



Cartoon/Comic activities.

Make a handmade card for a grandparent.

Make a funny video and send it to a friend.

Create a cheerful painting and hang it in the front window.

Print photos of your family and make a collage.

Play with your pet/s and give them lots of attention.

Do some weeding or sweeping outside.

Put a teddy bear in a front window for kids to find.

Help out by making lunch or dinner all by yourself.

Clean your room without being asked.

Video message a younger cousin or friend and chat.

Read a book to a younger sibling or cousin.

Write 'Hello' in 7 languages and display in window.

Make art for an elderly neighbour and send a photo.

Start a family yoga session each day.

Read a chapter of a book with the family each evening.

Create a treasure hunt for a sibling with toys.

Rub someone's feet or back for 10 minutes.

Create a scrapbook on all the best times with family.

Say something kind to each family member.

Choose toys and clothing to give away to goodwill.

Mental Health Awareness Week 2020.

Be Kind.

Create a 'quiet corner' for anyone feeling sad/stressed.

Plant some special flowers in the garden.

Make a list of things you love about your family.

Write a beautiful thankyou card for someone.

Record songs and rhymes for/with younger kids.

Write or paint an uplifting quote for the fridge.

Have a silly Youtube session with the whole family.

Let it go when someone bothers or annoys you, all day.

Make a bird feeder or bird house.

Do a dance or stretch session with your siblings.

Water all the plants and keep them happy.

Have a screen-free day and hang with family.

Help someone learn a new skill.

Pick some flowers and make a nice display.

Make a 'Happy Hits' playlist and share with friends.

Wash and clean out the car.

Make thoughtful art for each family member.

Write jokes on a mirror with non-permanent marker.

Surprise someone with a gift.

Share your stuff without complaining, all day.

This week's Trick Box trick is ...Stand As If

Why?

Science tells us that not only does the mind influence the body but that the body influences the mind! If we can change the position of our body, we can affect our mental state, mood and energy.

How?

Our bodies can give us signals . For example, if you stand too close to the edge of a cliff, your body make shake to say be careful!

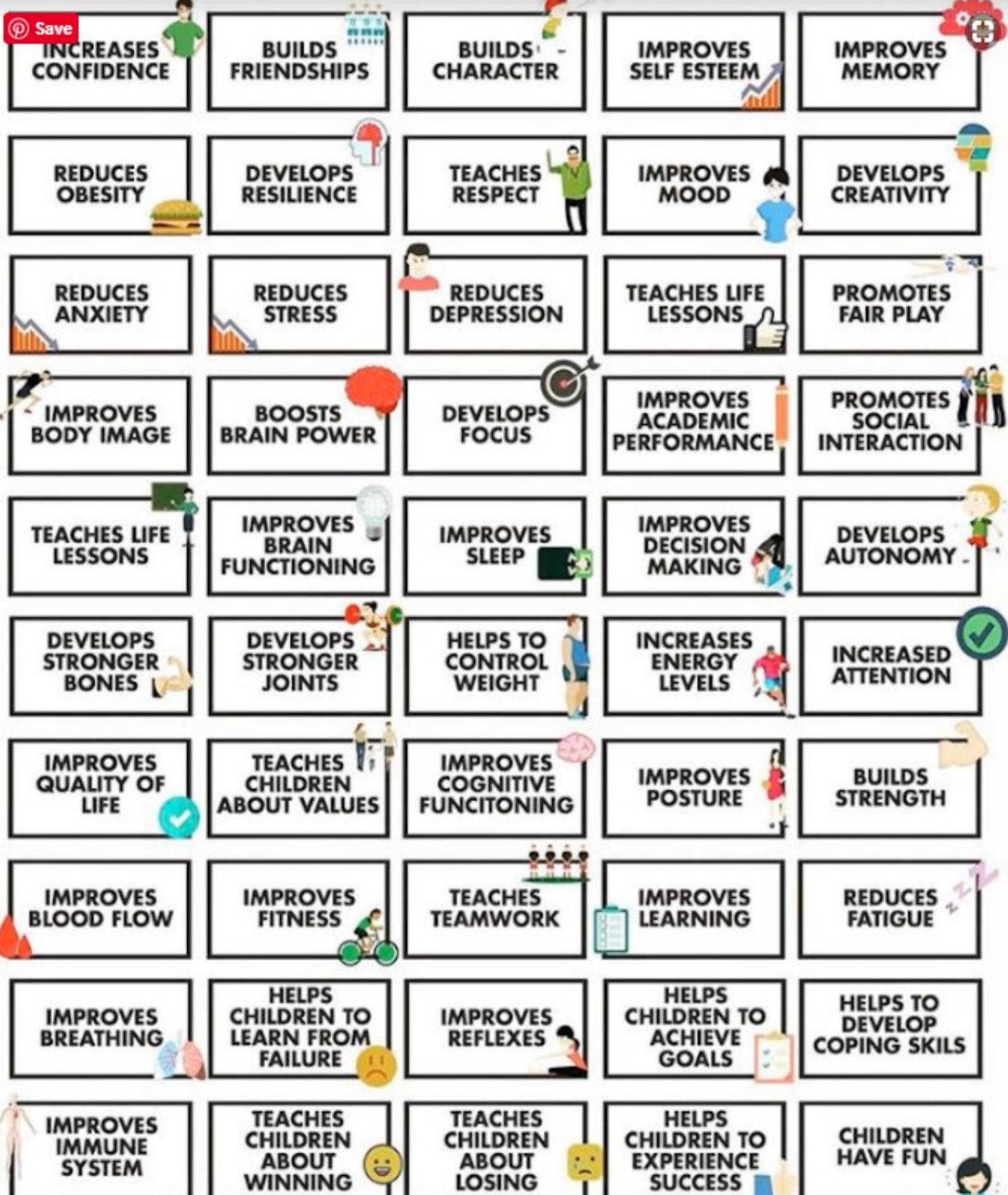
We can use this to make us feel strong and powerful when we need a boost.

Think about something you want to do better at. Stand as if you feel strong and confident and can do it easily. Breathe as if you are strong and confident. Feel the power run through the whole of your body. Now you will feel more empowered to do that task!

You can also use this trick to help you relax. Sit and breathe as if you are completely relaxed and calm. See how relaxed you feel after!

Give it a go!





50 Reasons Why Being Active is Good.

Sportshall Home Awards.

Dear Parents,

As an exciting addition to our home learning activities this week we now have a range of P.E. and Sport challenges that we would like you to try!

Sportshall Awards at Home – Inter School Home Pentathlon Competition

We have been invited to trial a virtual athletics competition along with other primary schools across the island. The instructions and links to follow for what you need to do can be [found here](#)

Your child (under adult supervision) will need to complete the following five challenges:

- 1) 20 x 5m shuttle runs
- 2) Standing Long Jump
- 3) Vertical Long Jump
- 4) Speed Bounce
- 5) Target Throw

Once your child has completed all five of these events under your supervision, please send your results to Miss Westbrook lizzie.westbrook@lanesendpri.iow.sch.uk with the subject 'Pentathlon Competition (and your child's name). Where possible – please also send sample videos of each event as evidence (in case we are asked to verify scores for our #lanesendwinners!)

Results need to be sent to Miss Westbrook by 12.30pm on Friday 15th May. A virtual team of year 3/4 and year 5/6 will then be selected and results sent to our IOW School Games Organisers as Lanesend's entry into the competition. This is really exciting (and Miss Westbrook has really missed all the competitions!!!). For EYFS-Year 2 children do please still give this a go. We can use any results we receive as a intra class / year group completion...

Personal Best Weekly Challenge

Here are the new personal challenges for the 2 weeks, this is quite a challenge!. The idea is that children complete a series of short challenges every day over the course of a week. Each day aiming for a personal best that week. Please see the challenge [sheet attached](#). Once completed – please take a photograph of your sheet and Dojo to your class teacher. Actions photos would also be amazing!

Challenge Cards

We also have a few physical challenge cards that you may like to try. [Challenge 1](#). [Challenge 2](#).

Youth Sport Trust

<https://www.youthsporttrust.org/pe-home-learning>

This Site contains some great short videos and resource cards for P.E. home learning! These activities that can be done individually or in pairs/small groups with a focus on the development of physical competence and actively learning the importance of personal skills to support social, emotional and mental wellbeing. Its great – give it a go!



Staying Safe Online:

A Guide to Setting up Parental Controls

Government Guidelines.

Stay connected

By following guidance on [social distancing](#) and [staying at home](#) you are helping to protect yourself, your family, the NHS and your community.

It is still important to stay connected with family and friends. Staying in touch with people you normally see often or reconnecting with old friends by phone, video call or social media can boost wellbeing.

The internet also offers people a wide range of educational resources, information and entertainment.

Stay safe

Many people are using new services, apps or devices, such as webcams and tablets, to work or socialise at this time. You may also be using existing devices and services more often.

To help you stay safe:

The screenshot shows the 'internetmatters.org' website in partnership with Google. The main heading is 'Set up kids' tech devices' with a sub-heading 'E-safety Checklist'. Below this, it says 'Getting your children's devices set up safe will help you make sure that they get the best out of their device. Our checklist gives you some simple tips to give you a head start.' There are two buttons: 'DOWNLOAD TIPS' and 'SHARE'.

Parental Guides.

The screenshot shows the 'parent INFO' website, a collaboration between Parent Zone and NCA-CEOP. The main heading is 'Help and advice for families in a digital world'. Below this, it says 'Parent Info is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents from leading experts and organisations.'

Captain Wonderweb online Safety Video

The screenshot shows a video player with three panels. The top left panel shows a woman in a yellow and green costume. The top right panel shows a woman in a blue and yellow costume. The bottom panel shows a woman in a red and yellow costume. Text overlays include 'Internet Safety During Lockdown' and 'by Shooting Star Entertainments shootingstars.co.uk'.

Online Safety Activities: Week 3

4-5s

Online safety at home
Number 1, 24/03/2020

Activities for 4-5s

Activity 1: Watch Jessie & Friends, Episode 1

- Find the Jessie & Friends cartoons at: www.thinkuknow.co.uk/parents/jessie-and-friends-videos/
- Watch Episode 1: Watching Videos with your child.
- Use open questions to chat about the cartoon. For example:
 - What did you think about the cartoon? Which were your favourite parts?
 - How did Jessie feel when she watched 'The Funny Tummy' video?
 - How did she feel when she watched 'The Happy Crocxy' video? How did her feelings change?
 - How did she get help to feel better?
- Finish by having fun singing along together at the end!

Activity 2: Draw your own Dog

- Using what you have available (paper, pens, pencils, crafts etc.), you and your child can draw/design your own Dog! Be as creative as you'd like.
- If your child can write, ask them to include their favourite lyrics from the song.
- If your child can't yet write, ask them to tell you their favourite part of the song, and add it to their picture for them.
- We'd love to see your work! If you like, find us on Facebook ([Click CEOP](#)) and share a photo of your child's picture. **Artwork only please. Do not share your child's name or any pictures of your child.**

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. Once a fortnight, On Tuesdays, we will produce an activity sheet to help you support your child while schools are partially closed.

You'll find lots of support and advice for parents on carers on keeping your child safe online at: <https://www.thinkuknow.co.uk/parents/>

5-7s

Online safety at home
Number 1, 24/03/2020

Activities for 5-7s

Activity 1: Watch Jessie & Friends, Episode 2

- Find the Jessie & Friends cartoons at www.thinkuknow.co.uk/parents/jessie-and-friends-videos/
- Watch Episode 2: Sharing Pictures with your child.
- Use questions to chat about the cartoon. For example:
 - How did lots of people end up seeing the pictures?
 - What made Mo feel sad?
 - How did the friends get help when they needed it?
 - What did Miss Humphrey say she would do to help?
- Finish by watching the song again and having a sing-along!

Note: If your child wants to watch Episode 1, too, do watch it with them! It's aimed at younger children, but it's still fun to watch.

Activity 2: Draw a character

- Ask your child to draw a picture of their favourite character singing the funny tummy song.
- Ask them to include their favourite lyrics from the song on their drawing.
- We'd love to see your work! If you like, find us on Facebook ([Click CEOP](#)) and share a photo of your child's picture. **Artwork only please! Do not share your child's name or any pictures of your child.**

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8+

Online safety at home
Number 1, 24/03/2020

Activities for 8-10s

Activity 1: Watch Play Like Share, Episode 1

- Find Play Like Share at www.thinkuknow.co.uk/8_10/watch/
- Watch Episode 1: Block Him Right! Good, Alfie with your child.
- Use the following questions to chat about the cartoon:
 - What did you think? What did you like about Play Like Share?
 - What different things do Sam, Ellie and Alfie do online? [E.g. make videos, talk to people, learn to sing, share their songs]
 - What problem did Alfie face at the beginning of the cartoon? [Another gamer messaged Alfie, asking to game with him. Alfie said no as he had to go to school]
 - How did the gamer make Alfie feel? [Happy at first and then uncomfortable and worried when he started making threats]
 - What did Alfie do when he realised something wasn't right? [Didn't reply, Told a trusted adult, his mum, Blocked the gamer, Reported to the website.]
 - What happened when Selfie's video was made public? How did it make them feel? [People they didn't know wrote nasty or strange comments, Received links to adverts, They felt worried and uncomfortable.]

Activity 2: Design a poster for Selfie

- Ask your child to create a poster for Sam, Ellie and Alfie's new band Selfie. Encourage them to come up with a design that shows off each character's talents and personality.
- We'd love to see your work! If you like, find us on Facebook ([Click CEOP](#)) and share a photo of your child's picture. **Artwork only please! Do not share your child's name or personal information, or any pictures of your child.**

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Words for Writing

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Can you write something every day using the setting/character/story idea as a stimulus?</p> <p>You could write a story, a postcard, a letter, a diary, a report... whatever you feel like!</p>						
<p>4 Today's character: Little Red Riding Hood</p>	<p>5 Today's setting: The seaside</p>	<p>6 Today's character: An elf</p>	<p>7 Today's story idea: Getting trapped</p>	<p>1 Today's character: A dragon</p>	<p>2 Today's setting: A haunted house</p>	<p>3 Today's setting: The woods</p>
<p>11 Today's setting: Outer space</p>	<p>12 Today's character: A talking dog</p>	<p>13 Today's story idea: Breaking something precious</p>	<p>14 Today's character: Yourself</p>	<p>8 Today's setting: Your bedroom</p>	<p>9 Today's story idea: Falling down a hole</p>	<p>10 Today's character: A giant blue whale</p>
<p>18 Today's story idea: Waking up in a different house</p>	<p>19 Today's character: The Prime Minister</p>	<p>20 Today's setting: A desert island</p>	<p>21 Today's character: The tallest giant in the land</p>	<p>15 Today's story idea: Finding lost treasure</p>	<p>16 Today's story idea: Your favourite book character</p>	<p>17 Today's setting: In a library</p>
<p>25 Today's character: A silly and funny genie</p>	<p>26 Today's story idea: Becoming rich or famous!</p>	<p>27 Today's character: A teacher</p>	<p>28 Today's setting: Your school</p>	<p>22 Today's story idea: Visiting the Amazon</p>	<p>23 Today's character: The scariest villain you can think of</p>	<p>24 Today's setting: A field full of flowers</p>
				<p>29 Today's character: The Queen</p>	<p>30 Today's setting: A full Olympic stadium</p>	<p>31 Today's story idea: Falling into a painting</p>

MAY MATHS MASTERS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 If $\square + 3 = 20$, what is \square ? How do you know?	2 I have 3 5p coins and a 2p coin. How much money do I have?	3 Order these numbers biggest to smallest: 37, 73, 13, 17.
4 What number is 10 more than 98? How do you know?	5 What is the sum of 3 and 5 and 8?	6 Is 3 x 10 bigger or smaller than 6 x 5? Talk about how you know.	7 What is one quarter of 16? Can you draw a picture to help?	8 What do you call a six-sided shape?	9 Using coins, how many ways can you make 23p?	10 What is double 12?
11 Half of a number is 15, what was the number?	12 Which number is bigger, 57 or 75? Describe how you know.	13 Calculate 3 + 20 + 5. Talk about different ways to work out the total.	14 How many minutes in an hour?	15 If you have 12 sweets and your friend has 16, how many sweets in total?	16 What is the biggest number you can make with 4 8 5?	17 Write this number in words: 369.
18 How many 5s are there in 45?	19 What is the next number in this sequence: 5, 10, 15, 20, ___? How do you know?	20 What is 100 - 15?	21 What time does this clock say? 	22 What is three quarters of 20? How did you find your answer?	23 How many lines of symmetry does a rectangle?	24 What is 23 + 13 + 5?
25 Which fraction is bigger: 1/3 or 1/2? Can you draw it to show?	26 What are the properties of a cuboid? Can you find one in your house?	27 If I have 50p and I spent 24p, how much change did I get?	28 What is a quarter plus a half? Draw it to help you!	29 List all the multiples of 3 less than 30.	30 What is the missing number in the calculation? $17 + 11 = 20 + \square$	31 TRICKY QUESTION: How many minutes in 3 hours?

MAY MATHS MASTERS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 List all the multiples of 7 less than 50.	5 Thomas says "A square is the only shape with more than 2 right angles. Is he right?"	6 $100 - 41 = 50 + 7$. Is this right? Why?	7 What is half of 30?	1 If $x + 4 = 13$, what is the value of x ?	2 Is 6×7 the same as $40 + 3$? How do you know?	3 What is 142, 533 rounded to the nearest 10?
11 Half of a number is 41, what was the number?	12 Put these numbers in order: 117, 171, 771, 717, 701.	13 Calculate 3×6 . Find other multiplications which give the same answer.	14 What do you call a 5 sided shape? Can you draw one?	15 If I have £1 and I spent 43p and then 17p, how much change do I have?	16 What is the biggest number you can make with 4 2 7?	17 How many days in one year? Is that always true?
18 What is the perimeter of a rectangle that measures 4cm by 6cm?	19 What is the next number in this sequence: 2, 5, 8, 11, _____. How do you know?	20 What is $100 - 53$?	21 What's longer: 3.4cm or 3.4m? How do you know?	22 What is I I in Roman Numerals?	23 How many lines of symmetry does a regular pentagon have?	24 What is $28 + 37 + 16$?
25 Which fraction is bigger: $1/2$ or $2/4$? Can you draw it?	26 How many faces does a cube have?	27 What is one quarter of 42?	28 Describe how to find the missing number in this calculation: $4 \times \square = 440$	29 Write this number in words: 1357.	30 TRICKY QUESTION: How many seconds in a day?	31 What is $4.7 + 3.2$? How did you work it out?

MAY MATHS MASTERS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 If $x + 4 = 13 + 37$, what is the value of x ?	2 Is 1.5×100 the same as 15×100 ?	3 What is 142, 533 rounded to the nearest 1000?
4 What number is represented here: MMCCDXI?	5 Thomas says, "If $y - 12 = 6$, then y must be 6" Is he right? How do you know?	6 $(4 \times 3) - 4 = 9$. Is this right? Why?	7 What is 15, 356 rounded to the nearest 100?	8 How many degrees in a right angle?	9 What is $4.2 - 1.9$? How did you work it out?	10 What is double 167? Can you work it out 2 ways?
11 Half of a number is 117, what was the number?	12 Which number is bigger, 132331 or 132313? Describe how you know.	13 Calculate $3 \times 18 + 4$.	14 What do you call an 8-sided shape? What are the properties of that shape?	15 If $y = 12$, what is the value of x in ' $y + 52 = x$ '?	16 What is the biggest number you can make with 4 2 8 1 5?	17 How many cm in 1.52m? How do you know?
18 How many ml in 6.74l?	19 What is the next number in this sequence: 1, 4, 9, 16, ___? How do you know?	20 What is 10,000 - 5312?	21 What time is 18:35 in words? In 12 hour time?	22 What is XXIII + DIV? Show your answer in words and Roman Numerals.	23 How many lines of symmetry does a regular pentagon have?	24 What is $2.8 + 3.17 + 7.01$?
25 Which fraction is bigger: $\frac{4}{7}$ or $\frac{19}{21}$? How do you know?	26 What are the properties of a cube? Can you draw one?	27 What is a quarter plus a fifth?	28 What is four and three quarters plus four fifths?	29 List all the prime numbers less than 50.	30 What is $9.6 + 1.7 - 4.3$?	31 TRICKY QUESTION: How many minutes in a year?