

Putting Fun back into food...



We are pleased to invite all

parents and pupils in Reception and key stage 1 to our fun

Healthy Eating Roadshow

On: Tuesday 7th June 3pm -4pm

in the Dining Hall.

To include:

Wok cooking demos

Eatwell plate / 5 a day fun

School dinner tasters

Lunch box demo and ideas

Healthy eating stands

Change 4 life stand and freebies

Recipe ideas and free resources

Food Labeling

Art & Craft/Quiz & word searches

Oral Health stand (Sugar Swaps)



[Chartwells Team](#)

EAT

LEARN

LIVE


Chartwells

Main Office: 01983 550500
chartwellsiw@compass-group.co.uk