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Inclusion Team Newsletter Summer 1

Dear Families,

We hope you had a lovely Easter Break and enjoyed the sunshine!

This half term is a busy one with 5 weeks at school before we have two weeks off. Don't forget we have put our development days together and have an additional week off between the 5th June—9th June 2017. We return to school on Monday 12th June 2017. Our teams are busy supporting Year 6 with their SATs preparation, organising transition meetings for new Reception pupils and our Year 6s moving on to their chosen secondary school. We also start our final topic for this academic year which is all about India!

As mentioned in our previous newsletter, the AEN team attended the 'SEN Live' event at Thompson House. It was fantastic to see some of our families there too to explore the many information stands, listen to guest speakers and buy new resources for their children. There were some great 'top 10' resources for difficulties such as sleep, anxiety and behaviour. These can be found overleaf.

The Family Team are working on LEAF (PTA) Projects to be run in school for you and your children. The Spring Treasure Hunt was a wonderful day and you can view the full gallery on our school website and Facebook page. The next upcoming event is a Curry Night at school for both families and staff. More information can be found on the back of the Newsletter.

Police Drop in sessions will begin on Friday 5th May 2017 for children and families to access advice and support in an informal environment. The first surgery will be at school at 2.15pm for families (the police will be in school talking to children from 1.30pm). This is an opportunity for you to discuss any concerns you have or if you seek advice from the police force.

As always, if you have any questions or would like to get in contact with us, the door is always open!

*Hannah Holmes, Andrea Flux, Louisa Burt,
 Vicki Thomas, Chloe Johnson & Jessi Holmes.*

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Our next AEN Coffee Event is on 18th May 2017 at 2pm in the Squirrel's Den: We will be looking at some resources from the 'SEN Live' and some strategies for Pathological Demand Avoidance (PDA) event please pop along!



Spring Cake Sale in aid of our new Lanesend Minibus

Wow what a hard working team of Year 6 children we have! 400 cakes baked, iced and decorated in school time before they were sold at our Minibus Cake sale after school. We were very lucky to have some parent helpers on the day too, thank you for your support we can't do fundraising events without you. The children raised £147.38 for our minibus fund—thank you!



New whole school topic: India!

Can you try some new food which originates from India?

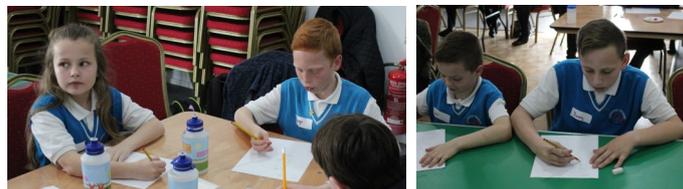
Can you find plant your own Indian Flowers?

Can you draw in the style of Indian Rangoli?



Comic Creator at Newchurch

Four of our remarkable artists took part in a 'Comic Creator' workshop with Karen Rubens at Newchurch Primary School as part of our Gifted and Talented scheme.



Karen specialises in Anime style Japanese art and she creates her own story books using this technique. The children were encouraged to use their existing artistic knowledge and create their own story board in the style of Japanese art. Well done to Danny Arnold, George Archer, Evelyn St John and Lewis Gadsby!

Find out more about Karen's work here: <http://karenrubins.com/>



Karen Rubins

{comics and illustration}



Want to find out more about fostering?



Come to the Quay Arts Centre on Monday 8th May at 11.30am or 2.30pm to have a chat with foster representatives for the Isle of Wight.

SEN LIVE—Some useful resources for your children regarding SLEEP...

What foods are good to help my child sleep?

Food	Contains	How it helps you to sleep
Cherries	Melatonin	Helps you to fall asleep
Fish	Vitamin B6	Fish is needed to make melatonin
Honey	Glucose	Helps to calm the nervous system
Fortified Cereal	Vitamin B6	Cereal is needed to make melatonin
Yoghurt	Calcium	Helps you to fall asleep
Whole Grains	Magnesium	Natural Muscle relaxant
Turkey	Essential Amino Acid	Used by the body to produce vitamin B
Warm milk	Tryptophan Calcium	Help you to relax and calm through the brain
Bananas	Potassium Magnesium Tryptophan	Natural muscle relaxant which helps you to relax and calm.



Top 10 Story Books for...



Sleep Anxiety

'The Owl Who Was Afraid Of The Dark' - Jill Tomlinson.

'Cassie and the Kiss Soldier' - Marion Ross

'Can't you Sleep Little Bear?' - Martin Waddell

'Under the Bed' - Paul Bright

'Clark the Shark Afraid of the Dark' 0 Bruce Hale

Sleep Behaviour

'We're Not Tired' - Selina Young

'I Don't Want To Go To Bed' - Tony Ross

'Get into Bed' - Virginia Miller

'One Kiss, One Hug!' - Jason Chapman

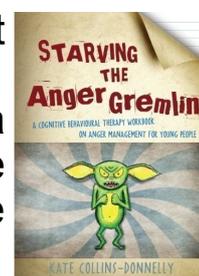
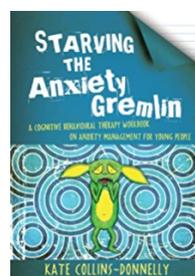
Managing Anxiety and/or Anger

A super resource we use in school with our children is The Anxiety Gremlin Workbook and The Anger Gremlin Workbook. This is a cognitive behavioural therapy tool which is completed by the child. It aims to help children understand their behaviour more effectively and come up with strategies to change their current approach. The work

books can be found online at

[Amazon.co.uk](https://www.amazon.co.uk)

and come in a 5-9 age range or a 10+ age range.



**We are raising money for a new
school Mini-bus**

**Please sign
up outside
the hall**

**£5 per
person**

Quiz &

Curry Night

**Staff and
Families**

Friday 19th May

**Please
donate a
Raffle
Prize**

**Bring
your own
drinks**

7pm—10pm

**We are sorry but
there will not be any
facilities for children
for this event.**

Teams of 6 maximum

