

14th April 2016



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Welcome to Jessi Holmes who will be supporting the AEN Team!

Inclusion Team Newsletter Summer 1

Dear Families,

We hope you had a super Easter half term—we have lots of exciting things happening in school this half term!

Last half term, Lanesend Primary School have been working closely with **Mike Sizer from Age UK participating in the Education 50+ Project.** This project involves members of our community aged 50 or over becoming involved within the education system through reading, sharing experiences or volunteering. So far we have had four volunteers sharing their expertise in our school, who have already helped to inspire children in Years 1 and 5 to read more. We have also had some help in Year 6 ready for pupil SATs and a pond talk to help us make our pond full of wildlife and plants. We hope to introduce to the school this half term a 'Veterans Project' where our children will have the opportunity to interview ex veterans and learn about our heritage!

Our Inclusion and Family board located outside the hall has now changed. We have added some fantastic resources for Young Carers, 'SIBS' (information and support for siblings of those children with additional needs), the Local Offer, Parent Partnership, Jigsaw Services (formerly Separated Families), Children's Centres and family events to name but a few! Please pop down and have a look, there are resources and leaflets for you to take away to support you and your family.

Included in this newsletter are some **low cost family activities for you to do with your children.** As the weather is getting warmer, it is time for picnics, exploring and getting outside! Please let us know if you find the activities useful—we would love to hear your feedback.

As always, if you have any questions or would like to get in contact with us, the door is always open!

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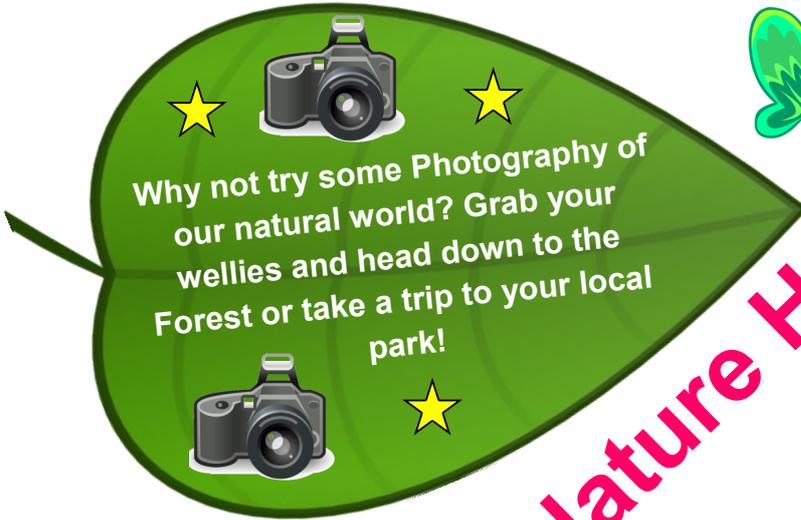
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Our next AEN Coffee Event is on Friday 6th May 2016 at **9.30am**





Our Fabulous new pond has opened this week in school. In light of this, the Inclusion Team have created a Spring/Summer Nature inspired activities for you to try with your children!



Why not try some Photography of our natural world? Grab your wellies and head down to the Forest or take a trip to your local park!



Nature Hunts!

Why not try to find as many minibeasts as you can... search high and low, under rocks, in trees and find some interesting insects! Don't forget to return the mini beast to their home.



Why not try to sit very quietly and do some bird watching in your garden, at the beach or in your local park. If you listen very carefully, you might even hear them chattering!



Try to do some Tree Rubbings!

You will need: Crayons and a piece of paper

Find a large tree with lots of patterns in the bark.

Place your paper against the bark of the tree—hold onto it tight!

Now rub your crayon on your piece of paper and you will see the pattern of the bark!

TOP TIP! Use lots of different coloured crayons to make patterns.





Inspiration for Crafting with Nature

Make a Garden on a Plate

You will need: A paper plate, glue, moss, sticks, stones, leaves and anything else you can find in the garden!

Collect some leaves, moss, sticks, stones and anything else you can find in the garden for your creation.

Use the glue to stick on your materials to make your garden on a plate.

It is your garden and you can design how you want it to look!



Try to do some Leaf Printing

You will need: Paint, some leaves a brush and a piece of paper.



Collect some leaves from outside.

Cover the Leaf in paint using a paint brush—use different colours to create pretty patterns.

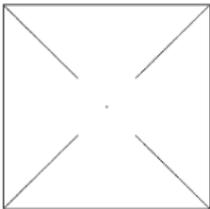


Print your leaf onto your piece of paper carefully. Pull the leaf away and admire your pretty picture!

TOP TIP! You can also use sticks, pine cones and feathers.

Make a Windmill Pinwheel

You will need: Paper or card, a straw, split pins, scissors, paint, stickers or pens to decorate



1. Cut out one square which is 15cm wide and 15cm high. Place a 'dot' in the middle—this will be for the split pin. Measure a 7cm line from each corner facing into the middle 'dot'.



2. Cut along each 7cm line. Gather the four corners into the centre of the square where you made the 'dot' earlier. Try to overlap each corner to hold the pinwheel together!



3. Insert a split pin into the middle of your pinwheel.



4. Place a straw behind your pinwheel and open up the split pin to secure your Pinwheel. Decorate with paint, pens or stickers!



Perfect Picnic Bakes for a wonderful family day out!



Cheese and tomato tarts

For 6 tarts, you will need:

- 375g (13oz) packet of ready-rolled puff pastry
- 1 large onion
- 3 tablespoons of olive oil
- a pinch of salt and of black pepper
- 1 tablespoon of milk for brushing
- 225g (8oz) cherry tomatoes
- 225g (8oz) mozzarella cheese

Heat the oven to 220°C, 425°F, gas mark 7.



1. Take the pastry out of the fridge. Then, peel the onion, cut it in half and slice it finely.



Stir in the salt and pepper.

2. Heat the oil. Gently cook the onion for five minutes, until soft. Take the pan off the heat.



These tarts should be eaten on the day they are made.

Prick the squares in the middle with a fork.

3. Unroll the pastry. Lay it on a baking sheet. Cut the pastry into six pieces, then prick each one.



4. Brush milk around the edge of each square, making a border about 1cm (½in) wide.



5. Cut the tomatoes in half. Then, drain the mozzarella and cut it into small cubes.



6. Spoon the onion mixture onto each square. Try not to cover the milk border.



7. Put pieces of tomato on top of the onion. Then, sprinkle them with mozzarella cubes.



Leave the tarts to cool a little, then serve them warm.

8. Bake the tarts for 25-30 minutes until the pastry has risen and turned golden brown.

You could eat these tarts with a salad.

TOP TIP! You can add cooked bacon or ham to this recipe on step 6—yummy!

Rainbow Fruit Skewers

You will need:

- Strawberries
- Oranges
- Pineapple
- Kiwi
- Green Grapes
- Red Grapes



Cut up all the fruit and place into bowls to separate each colour.

Assemble the skewers in colour order of the rainbow!

TOP TIP! You can add Marshmallows to your skewers for an extra sweet treat!

These skewers are yummy dipped in fruit yoghurt!