



## **Suggested Kit List: Summer**

**UKSA will provide you with the technical clothing that you need which may include Oil Skins, wetsuits and personal buoyancy or life jacket depending on activity; we suggest you bring the following:**

### **On the Water:**

- 2 Swimming costumes (One for the pool and one for the water activities).
- T shirts / Rash vests to wear under the wetsuit (Rash vests are more comfortable) If bringing T-shirts, bring 3-4 in case they don't dry overnight.
- For activities such as Surfing and Windsurfing, when you may be out of the water for quite long times, a fleece or warm sweatshirt is recommended for wearing over your wetsuit. A sun hat or cap for protection on hot days.
- OLD trainers or wet-suit boots / deck shoes if you have them. These will get wet. **Bare feet are not permitted during any water activity.**
- Sun cream / sun block and after-sun cream. Sunglasses (on a strap if possible).
- Glasses Strap
- RYA or BCU Log books if you already have them.
- If you have your own Oilskins and / or Wetsuit, spray top, you are welcome to bring them.
- Please remember drinks bottles for activities

### **Off the Water**

- Casual clothes for evening activities / entertainments.
- 2 Towels, and toiletries, including shampoo. (A hairdryer if you need one)
- **A large plastic bag/bin liner for taking home wet kit.**
- A pen and small notebook is useful if you are taking RYA/BCU Level Courses.

***Please ensure that all clothes are clearly marked with a name***

**NOTE: Jeans and Crocs are not suitable clothing for activities**

**The Academy cannot accept responsibility for loss, damage or theft of any item. If students wish to bring money on the visit they must bring change – no notes.**