

# Lanesend Autumn Menu 2020



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Week One**


1<sup>st</sup> Sept  
21<sup>st</sup> Sept  
12<sup>th</sup> Oct  
16<sup>th</sup> Nov  
7<sup>th</sup> Dec

Option 1	Chicken Curry with Rice  	Beef Burger with Wedges	Roast Chicken & Stuffing, Roast Potatoes & Gravy	Macaroni Cheese with Garlic Bread	MSC Fishfingers/Salmon Fishfingers with Chips with Chips
Option 2	Sweet Potato Curry with Rice	Quorn Burger with Wedges	Lentil & Basil Whirl with Roast Potatoes 	Summer Vegetable Risotto 	Cheese and Tomato Quiche with Chips
Vegetables	Carrots Broccoli	Coleslaw Mixed Salad	Carrots Green Beans	Roasted Vegetables	Sweetcorn Peas
Dessert	Fruit Crumble with Cream 	Fresh Fruit & Yoghurt Station	Lemon Drizzle Cake	Chocolate & Orange Cake with Choc Sauce	Vanilla Shortbread 

Or a choice of Yoghurt & Fresh Fruit available daily

**Week Two**

7<sup>th</sup> Sept  
28<sup>th</sup> Sept  
2<sup>nd</sup> Nov  
23<sup>rd</sup> Nov  
14<sup>th</sup> Dec

Option 1	BBQ Chicken Pasta	Sausage Roll with Wedges	Roast Pork served with Roast Potatoes & Gravy	Chicken Wraps with 50/50 Rice  	Battered Fish with Chips
Option 2	Vegetable Tagine with Rice 	Vegan Mexican Roll with Wedges 	Quorn Roast Fillet with Roast Potatoes & Gravy	Vegetable & Bean Wraps with 50/50 Rice  	Spanish Omelette with Chips
Vegetables	Sweetcorn Broccoli	Peas Coleslaw	Carrots Swede	Summer Roasted Vegetables	Sweetcorn Peas
Dessert	Chocolate Brownie	Fresh Fruit & Yoghurt Station	Iced Sponge	Apple Sponge & Custard	Oaty Cookie 

Or a choice of Yoghurt & Fresh Fruit available daily

**Week Three**

14<sup>th</sup> Sept  
5<sup>th</sup> Oct  
9<sup>th</sup> Nov  
30<sup>th</sup> Nov  
21<sup>st</sup> Dec

Option 1	BBQ Chicken Pizza with Potato Salad 	Turkey and Leek Pie, Mash and Gravy	Roast Gammon, Roast Potatoes & Gravy	Spaghetti Bolognese 	MSC Fishfingers/Salmon Fishfingers with Chips with Chips
Option 2	Cheese & Tomato French Bread Pizza with Potato Salad	Vegetable Pie, Mash and Gravy 	Vegetable Wellington, Roast Potatoes & Gravy 	Vegetarian Bolognese with Spaghetti	Cheese & Potato Wheel with Chips
Vegetables	Sweetcorn Peas	Seasonal Vegetables	Carrot Green Beans	Broccoli Sweetcorn	Sweetcorn Peas
Dessert	Marble Cake	Fresh Fruit & Yoghurt Station	Apple, Cheese & Crackers	Orange Drizzle Cake	Fruit Salad & Ice Cream

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.