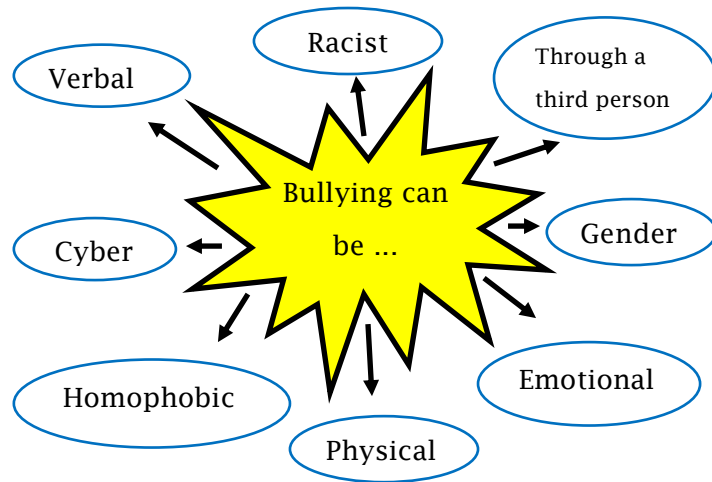


What is bullying?

In our school, we understand that Bullying is when someone makes us feel frightened by hurting us or our feelings over a period of time.



Racist: Graffiti, calling you racist names.

Through a third person: Sending a friend with horrid messages.

Gender: Being nasty about someone's gender.

Emotional: Hurting people's feelings, leaving you out, being bossed about.

Physical: Punching, kicking, spitting, hitting, pushing

Homophobic: Calling you gay or lesbian

Cyber: Text, E-mail, Xbox, Online messaging, sharing images.

Verbal: Being teased, name calling

Our Anti-Bullying Ambassadors are:



Some useful websites....

- <http://www.antibullyingpro.com>
- http://www.safenetwork.org.uk/help_and_advice/pages/resources_advice_and_helplines.aspx
- <http://m.kidshealth.org/PageManager.jsp?col=mkid&lic=152&ps=313&st=1&m=y&q=Bullying>

Please see our full Anti-Bullying Policy at www.lanesendprimary.co.uk

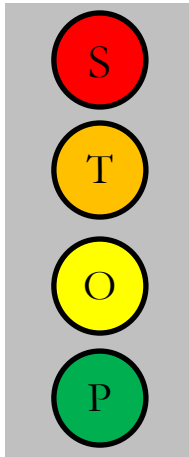
Lanesend Primary School

Anti-Bullying Policy 2022—2023



“Big or small, be a friend to all!”

When is it bullying?



SEVERAL

TIMES

ON

PURPOSE



Bullying is **not** ...

- ♦ A one off fight
- ♦ An argument with a friend
- ♦ A spur of the moment threat or spiteful comment.

We promise to always treat bullying seriously



What should I do if I am bullied?

Remember, it is **not** your fault if you are being bullied.

DO:

- ♦ Ask them to STOP if you can
- ♦ Use eye contact and tell them to go away
- ♦ Ignore them
- ♦ Walk away and **tell someone**

DON'T:

- ♦ Do what they say
- ♦ Get angry
- ♦ Hit them
- ♦ Keep it to yourself
- ♦ Think it's your fault

Everyone at Lanesend Primary
has the right to feel safe, secure
and happy!

Who can I tell?



Most importantly,
if you are being bullied or know of
someone who is

Start Telling Other People

