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# Lanesend Primary School

## Nutritional Standards Policy

**Signed:** ..... **Date:**  
(Headteacher)

**Signed:** ..... **Date:**  
(Chair of Governors)

**Review Date:** September 2021 (Every 3 Years)  
**Reviewed By:** Headteacher and Child-Centred Group

# Lanesend Primary Nutritional Standards Policy

The governing body of every primary school that opts to provide school meals, must ensure that any lunches provided meet with the standards prescribed in the Food Information Regulations 2014 and Food Safety & Hygiene (England) (Amendment) Regulations 2014. Guidance is available from the DfE.

## **PURPOSE**

The aims of the school include children being guided to lead active and healthy lives. We believe children are best able to take full advantage of the educational opportunities the school provides. The governing body will ensure that food provided in the school and advice given to children both promote a healthy lifestyle.

## **The governing body will:**

- Ensure that lunches meet with the standards prescribed in the Nutritional Standards for School Lunches (England) Regulations 2000, revised 2014.
- Establish standards for free school meals and monitor their content, cost and provision.

## **Arrangements for monitoring and evaluation:**

The governing body will receive yearly reports from Caterlink on the extent to which external providers conform to the Regulations, in terms of content, cost and provision, and the number of children receiving free school meals. Surveys of children will be undertaken at regular intervals and reported to the governing body, to establish whether children are satisfied with the quality of meals offered.

## **Relationship to other policies:**

Improving and sustaining good nutritional standards are included where appropriate in all curriculum policies, health and safety, and the home-school agreement.

## **Role and responsibilities of Headteacher, other staff, governors:**

The Headteacher will ensure that:

- Guidance is made available for staff
- External providers of lunches conform to the Regulations
- The agreed standards for Free School Meals and Infant Universal Free School Meals are implemented
- Content, cost and provision are monitored
- Special dietary needs of children and staff are catered for (e.g. vegetarian, Halal, Kosher etc.)

***All staff are expected to promote healthy eating in accordance with school guidance***

## Checklist for discussion with Governing Bodies

This checklist can be used to review current practice and identify issues for policy development

Does your school have a policy for nutritional standards (a legally required policy for governing bodies)	Yes
Does your school have a names Governor with interest in food in schools?	Karen Herbert-Duff
Is the Governing Body aware of any control your school has over its catering arrangements?	Yes
Does your school have a policy on vending machines?	N/A
Does your tuck shop policy restrict sales to healthy items?	N/A
Does your school know how many children have an adequate breakfast?	<i>School Council</i>
Does your school restrict break time snacks?	Yes
Does your school restrict what children can have in their lunch boxes?	Yes
Does your school require children to eat savoury items of lunch before sweet items?	Yes
Does your school teach the children about the importance of a healthy diet?	Yes
Healthy eating is a part of the curriculum. Do governors monitor this?	No
Is there a link between what is being taught about healthy eating and what is available for the children to eat?	Yes
Are there any extra curricular activities which encourage healthy eating, e.g.  - Cookery Club	
Does your school have a mechanism to involve young people in discussions on nutrition e.g. School & Nutrition Action Group, school council?	School Council